**Technology Resources for Health and Physical Education**

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| **Website** | **Information** |
| **Every Move Counts**  <https://www.cisat.jmu.edu/kin/emc/> | Health related fitness resources (Bosu Ball, Resistance bands, Yoga, etc.). Games, activities, station cards usable on the site. |
| **Every Jump Counts**  <https://www.cisat.jmu.edu/kin/ejc/> | Editable resources for jump rope |
| **Edpuzzle** <https://edpuzzle.com/> | Can integrate into Canvas and other learning management systems.  Has videos and questions to implement into lessons. |
| **Skills Cards**  <https://docs.google.com/presentation/d/1kc0IA7cIZmPcRU_USDIWIUH907sap4zzphxeLrSLiQI/edit?usp=sharing>  Tinkling Basic Steps | QR Skill Poster |
| **QR Code Generator**  <https://www.qr-code-generator.com/> | Free QR Code generator  Use to create skills cards |
| **Google Forms** | Data collection and making a clothing stores |
| **Nearpod**  <https://nearpod.com/> | Interactive tool to present information, assess, include polls, collaborative boards |
| **Daylio**  <https://daylio.net/> | Wellness App: Journal, Diary and Mood Tracker |
| **Sworkit** <https://sworkit.com/> | Fitness App: kids and adult version. Good for instant activities |