

AAASAC MONTHLY NEWSLETTER

MAY 2023

Mental Health Awareness Month

May is Mental Health Awareness Month. The National Alliance on Mental Illness is celebrating the month with the theme of "**More Than Enough**" to remind us all of the value we hold as human beings. We here at AAASAC would like to take an opportunity to encourage you by saying we see you. We see your hard work. We see your diligence. We see your graceful fortitude. So much of what we do is to support and empower all of you in the incredible work you are doing that is only a fraction of your every day. We hope you are taking care of yourself and finding opportunities to experience rest, joy, healing, or whatever you need in this season. From all of us here at AAASAC, thank you for who you are and all that you do.



**Mark Your
Calendars!**

AAASAC Network Gathering

June 6th 3pm-5pm
Festival Conference Room 4

Sponsored by the Office of
Strategic Initiatives & Global
Affairs

JMU Dining Summer Hours

JMU Dining announced summer operating hours for May 22nd-July 23!

- **Panera:** Mon. - Fri. 8am-1:30pm
- **Panda Express:** Mon. - Thurs. 11am-2pm
- **Chips:** Mon. - Fri. 8am-2pm
- **Subway (Grace Street):** Mon. - Thurs. 11am-1:30pm
- **Starbucks Truck:** Mon. - Fri. 8am-12pm



New to JMU? Check out the AACP!

Are you a new administrative professional at JMU? You should check out the Administrative Assistant Certificate Program. This program is facilitated by JMU's Talent Development and involves completing a list of various courses related to IT systems, finance, and the specific ways that JMU operates. The AACP provides important information, professional development, and an opportunity to network across campus with others in the program. To find out more information, visit:

<https://www.jmu.edu/talentdevelopment/aacp.shtml>.

If you are interested in participating in the AACP, Talent Development is hosting the AACP Ready, Set, Go! (TD2277) course on **June 8th** from 11am-12pm via Zoom!

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Honoring Benita James



It is with sadness that we share the news of Benita's passing. We extend our deepest sympathies to her family, friends, and colleagues. Benita's positive energy continues to be inspiring and we are blessed to have known her.

In April of 2023, Benita was recognized with the Provost's Award for Administrative Excellence, shining a light on her professionalism and humble spirit. She is remembered as a creative, innovative leader who excelled in collaborative endeavors.

Her accomplishments and commitment were also recognized by the College of Education, where she excelled as the Administrative Assistant for Field Experience in the Education Support Center (ESC) for nearly seven years.

Benita was known for integrity, kindness, and her passion for helping. Whether she was interacting with student teachers, or coordinating with school divisions, Benita met their needs with grace. She managed numerous programs, facets, and administrative nuances with extraordinary success.

Her willingness to take on challenges and complex tasks such as the complete overhaul of data management processes, has left a lasting impact on her colleagues, as well as thousands of future teachers. Benita truly embodied the best of us, and she will be greatly missed.

CALENDAR OF EVENTS

JUNE 8TH
2pm-4pm

Talent Development's OpportuniTEAS
Theme: Differences

Meet your Colleagues, enjoy a lite tea, and engage in short, thought-provoking activities that foster acceptance and inclusion. Sign up in MyMadison: TD2615.

**TUESDAYS &
SATURDAYS**
8am-1pm

Harrisonburg Farmer's Market
Turner Pavilion Downtown Harrisonburg

Every Tuesday and Saturday for the summer, you can find all kinds of local produce and crafts, seasonal fresh cut flowers, artisan breads, and more.