Dear student,

I hope you are having a great first week of classes as you adjust and transition to the JMU campus and community. [insert any specific connection/follow-up from your getting to know them].

As we begin the semester, I wanted to share some resources and find a day/time you might be available for a [15-30 min] check-in appointment.

A few resources that have been proven helpful to other students:

[ISSAQ student resources](https://www.dukesissaq.com/student-resources): As part of the One Book process, you completed a survey about your incoming skills and attitudes (ISSAQ). You were emailed your student report at the beginning of August from DIA. Your ISSAQ report provides a snapshot of opportunities for development and maintaining your strengths. We encourage you to look at the resources website with strategies and tools for developing things like organization, calmness, and help-seeking.

[Student gateway](https://www.jmu.edu/gateway/students.shtml): JMU has a gateway page with MyMadison, Canvas, and other applications you need and links to other helpful resources on-campus. We worked with students to identify resources and programs they wish they knew about when starting at JMU.

[others you want to list].

Please [fill in the blank] to schedule a check-in appointment with me over the next two weeks to talk about classes, campus life, and transitioning to be successful this first semester.

If you have questions or need anything, please don’t hesitate to reach out. Wishing you a great rest of the day and week!

[Advisor Signature]