

ISSAQ Score Report

First Name

Last Name

E-mail Address

Date 08/06/2024

Recently, you completed the ISSAQ Student Survey, which measures some of the factors that affect your success in college. This includes how you approach your studies, your goals, how you respond to stress, and how you relate to others. In this report, you'll see both your scores and how they might relate to your success.

Before checking out your scores, there are a few important things to keep in mind about your success:

THINGS CHANGE

- If something is a challenge, you can absolutely improve in this area by making an effort, working with others, and using the resources available to you. If something is a strength, that doesn't mean you can take it easy. Continue to actively use these factors to your advantage to be successful

USE RESOURCES

- This report will outline some of the resources available to you. This could include some strategies you could try, an office or resource at your college, or even an app that might be helpful. Use them! While "THINGS CHANGE," that's only through effort and engagement on your part.

ASK FOR HELP

- Asking for help is not easy. It requires us to open up. In college, this might include reaching out to people we've just met. But this is not something you have to do alone! Your instructors, advisors, and many others at your college are there to help you be successful in college. No question is too big or too small - just ask!

For each factor, you will receive one of three scores. Here's what those scores mean:



GUIDE - This is an area of strength for you. Use this as a tool to be successful in your college pursuits.



ENGAGE - You could benefit from additional work in this area. There are many resources available to you - access the Resource Hub to learn how.



SUPPORT - This should be one of your primary areas of focus as you think about ways to improve.

To learn more about ISSAQ factors and resources, visit [DUKESISSAQ.com/student-resources](https://dukesissaq.com/student-resources)

First Name	Last Name	E-mail Address
------------	-----------	----------------

ISSAQ SUCCESS FACTORS

To learn more about ISSAQ factors and resources, visit DUKESISSAQ.com/

<i>Factor</i>	<i>Description</i>	<i>Score</i>
Organization	The use of tools and strategies to manage one's time and work	<i>Click here for more...</i>
Quality Focus	Attention to detail, emphasis on high quality work, and the avoidance of mistakes	<i>Click here for more...</i>
Engagement	Key behaviors for academic success such as class attendance, assignment completion, timeliness.	<i>Click here for more...</i>
Goal Commitment	Valuing and prioritizing success in college	<i>Click here for more...</i>
Persistence	Maintaining effort and staying on task, even when challenges arise	<i>Click here for more...</i>
Effort Focus	Making the connection between effort and success	<i>Click here for more...</i>
Calmness	Staying "cool under pressure;" A lack of stress or anxiety in tough situations	<i>Click here for more...</i>
Coping Strategies	The behaviors, attitudes, and responses to stressful situations	<i>Click here for more...</i>
Self-Efficacy	The confidence that you will be successful in college	<i>Click here for more...</i>
Sense of Belonging	Feeling of connection to those around you at your college	<i>Click here for more...</i>
Institutional Commitment	Your overall perception of JMU	<i>Click here for more...</i>
Help Seeking	Willingness to ask for assistance when facing a problem	<i>Click here for more...</i>

To learn more about ISSAQ factors and resources, visit DUKESISSAQ.com/student-resources