




James Madison University's
College of Visual and Performing Arts
and Office of Creative Propulsion presents

DANCE *for* PD®

JMU professor emerita and Dance for PD® Certified Teaching Artist Kate Trammell leads the classes, assisted by students majoring in Dance, Music, and Occupational Therapy. The School of Theatre and Dance Music Director Toby Twining provides live music in a wide variety of genres.

**FREE
ONLINE AND
IN-PERSON
CLASSES**

Fridays 

11:45 A.M. - 1:00 P.M. 

Forbes Center for Performing Arts 

REGISTER NOW 

For more information
www.danceforparkinsons.org





DANCE *for* PD[®]

Dance for PD[®] classes encourage participants to experience the joys and benefits of movement and music while creatively addressing symptom-specific concerns. Classes are open to people with Parkinson's, their families, friends, and care-partners. Instruction provides modifications to make the movement safe, appropriate, and enjoyable for all participants. Classes are based on the Dance for PD[®] approach developed by the Mark Morris Group, which has programs in 250 communities in 30 countries.

The program is free to participants but registration and completion of an Assumption of Risk Form is required. Participants in the in-person classes will be asked to provide documentation of COVID-19 vaccination. In-person classes will be held in JMU's Forbes Center for the Performing Arts, with free, accessible parking in the Warsaw Parking Garage. A link to Zoom classes will be provided upon registration.

**REGISTRATION
FORM**



**ASSUMPTION
OF RISK FORM**

