

Your First and Last Name

Phone number | email | LinkedIn | city, state

EDUCATION

James Madison University (JMU) Harrisonburg, VA May 20XX
Master of Science in Athletic Training

James Madison University (JMU) Harrisonburg, VA May 20XX
Bachelor of Science in Kinesiology and Exercise Science
Study Abroad: *Strength and Conditioning Intern*, Melbourne Fitness & Performance West Foots Cray, Victoria, Australia

WORK EXPERIENCE

Athletic Trainer, PT Solutions Physical Therapy, Fairfax Country, VA October 20XX- Present

- Collaborate with team of 3 athletic trainers to provide first aid, taping, and hydration during games and practices
- Commute to Trinity Christian School for sporting events, practices and away games for students
- Organize equipment and stocked supplies in the athletic training facilities for use in treatment

Athletic Trainer, The Jackson Clinics LP, Ashburn, VA June 20XX- October 20XX

- Collaborated with physical therapists to provide rehabilitation and patient education to patients coming from diverse backgrounds and differing demographics from ages 5-96

PRACTICUM AND INTERSHIPS

Practicum Student, Shenandoah Valley Performance Clinic, Harrisonburg, VA April 20XX- December 20XX

- Observed consult, rehabilitations and reassessments of clients in clinic and through supervisor's online resource Barbell Medicine
- Performed data entry and data analysis for supervisors powerlifting study

Men's and Women's Swim and Dive Student Athletic Trainer Intern, JMU August 20XX-May 20XX

- Created rehabilitation plans and progressions for injured athletes to increase range of motion, strength, balance, proprioception, stabilization, and functionality for an efficient return to play
- Documented SOAP notes on new injuries and illnesses, kept daily progress notes, and updated maintenance records in the university's electronic medical record system
- Became proficient with injury evaluation and assessment

Volleyball Intern, JMU August 20XX- May 20XX

- Utilized VERT Technologies to graph player loads, RPE, sets by energy, and jump count to track injury statistics
- Analyzed player mechanics using biomechanics knowledge to assess for potential injury or weakness

LICENSES AND CERTIFICATIONS

American Heart Association BLS Provider Issued October 20XX. Expires October 20XX
BOC for the Athletic Trainer Issued May 20XX
SafeSport Training Certification. Issued May 20XX
CPR/AED for Professional Rescuers Issued April 20XX