

Your First and Last Name

phone number • email • www.linkedin.com/username

EDUCATION

James Madison University (JMU), Harrisonburg, VA

May 20XX

Master of Science in Clinical Exercise Physiology

Cumulative GPA: 3.56

James Madison University (JMU), Harrisonburg, VA

May 20XX

Bachelor of Science in Kinesiology and Exercise Science

Magna Cum Laude

Cumulative GPA: 3.51

STUDY ABROAD

Kinesiology Intern

Summer 20XX

City Physiotherapy Centre | Perth, Australia

- Explored negative implications of extreme endurance running on bone strength through microCT image and mechanical analyses on hind limb bones of mice
- Implemented dye-staining protocol for lab to detect microcracks in bone resulting from fatigue loading

EXERCISE AND REHABILITATION EXPERIENCE

Exercise Physiologist

January 20XX- Present

Inova Health System | Fairfax, VA

- Schedule and conduct cardiopulmonary and standard exercise stress testing with and without an echocardiogram for pediatric and adult patients with congenital heart disease and those experiencing cardiovascular related symptoms
- Perform one-on-one consults with patients and families on exercise education and individualized exercise prescription
- Provide provider approved sports clearances to patients with specific restrictions related to heart defects
- Assure correct charges are processed for exercise stress test billing
- Assess stress lab volume and productivity using Excel's data analysis software

Practicum Student, Morrison Bruce Center

July 20XX- August 20XX

James Madison University | Harrisonburg, VA

- Created a 16-week fitness training program for women in the community of Harrisonburg and JMU
- Carried out weekly workout groups, emphasizing the benefits of exercise through instruction, and created weekly handouts summarizing the benefits of the weekly exercise
- Coordinated and organized events for free clinical testing and exercise prescription, and a community-wide event to encourage children to be active
- Served on the marketing and development board to help with social media and the yearly newsletter

Recreation Manager

August 20XX- May 20XX

James Madison University Recreation Center (UREC) | Harrisonburg, VA

- Fostered a positive learning environment for staff of 45 Inclusive Recreation Assistants
- Delegated tasks amongst 1-2 assistants during every shift (event transition, disinfection, policy enforcement, safety)
- Actively participated in the Recreation hiring process with a team of 14 managers and supervisors
- Collaborated with managers to facilitate rotating weekend schedules for 10-assistant roster
- Primary responder for medical and building emergencies and execute activation of emergency medical services
- Oversaw daily UREC participants, clubs, and sports-teams

EXERCISE AND REHABILITATION EXPERIENCE CONTD.

Recreation Assistant

October 20XX- September 20XX

James Madison University Recreation Center (UREC) | Harrisonburg, VA

- Devised and implemented recreational activities for college students under the direction of a recreation manager
- Maintain and prepare all open recreation areas including the gymnasiums, multi-activity centers, tracks, racquetball courts, and turf field for use by students, organizations, and sport clubs
- Enforce policy and procedures, and maintain safety and cleanliness throughout the facility
- Provide exceptional service to UREC participants

LEADERSHIP & VOLUNTEER EXPERIENCE

Phi Epsilon Kappa (PEK) Member

August 20XX- May 20XX

James Madison University | Harrisonburg, VA

- Attended professional development workshops, networking events, and community service projects related to health science, kinesiology, health services administration, dietetics, dance, and sport and recreation

Kinesiology Tutor, Student-Athlete Services (SAS)

January 20XX- Present

James Madison University | Harrisonburg, VA

- Collaborate with 2-5 students per semester for at least one hourly meeting every week about kinesiology focused courses including physiology, biomechanics, fitness assessment and labs.
- Utilize skills from various training programs on teaching styles and tips to help improve student studying methods

PHYSICAL THERAPY AND REHABILITATION EXPERIENCE

Student Physical Therapist

July 20XX- August 20XX

Pivot Physical Therapy | Martinsburg, WV

- Led patients through Exercises to improve their musculoskeletal impairments
- Documented evaluations and treatment sessions through the online system

Physical Therapist Shadowing

July 20XX- August 20XX

Pivot Physical Therapy | Martinsburg, WV

- Completed 160 observation hours shadowing a DPT, PTA and a PT technician in outpatient clinical physical therapy
- Gain insightful knowledge on how to evaluate patients, treat various injuries, and build effective treatment programs
- Cleaned the facility each day and prepare the bed for each patient, shadow evaluations and treatments
- Oversee the PT technician to follow patient's treatment session

Cardiovascular and Pulmonary Rehabilitation Intern

Aug 20XX- Dec 20XX

Sentara RMH Medical Center | Fairfax, VA

- Helped create and implement exercise prescriptions for cardiac, vascular and pulmonary rehabilitation patients
- Recorded manual resting and exercise blood pressures to monitor the effects of exercise on blood pressure responses

CERTIFICATIONS

Certified Clinical Exercise Physiologist (ASCM CEP)

Issued May 20XX

American Heart Association Advanced Cardiac Life Support (ACLS)

Issued July 20XX, Expires July 20XX

American Heart Association Basic Life Support for Healthcare Providers (BLS)

Issued July 20XX, Expires July 20XX

American Heart Association Pediatric Advanced Life Support (PALS)

Issued July 20XX, Expires July 20XX

American Red Cross Adult and Pediatric First Aid/ CPR/AED

Issued August 20XX, Expires August 20XX