# Your First and Last Name

City, State | email | phone number

## **EDUCATION**

James Madison University (JMU), Harrisonburg, VA Master of Science in Nursing (MSN) **Concentration: Family Nurse Practitioner** 

James Madison University (JMU), Harrisonburg, VA **Bachelor of Science in Nursing (BSN)** 

# GRADUATE CLINICAL PLACEMENTS

Sentara Rockingham Memorial Hospital: Psychiatric Unit, Harrisonburg, VA

- Conducted comprehensive psychiatric assessments and developed individualized treatment plans for patients
- with a range of mental health disorders, including depression, anxiety, bipolar disorder, and schizophrenia Provided individualized supportive care for clients in an in-patient drug and alcohol addiction program
- Educated patients and their families on mental health conditions, treatment options, and coping strategies, fostering a supportive environment to enhance patient understanding and adherence to treatment plans

#### University of Virginia (UVA) Medical Center: Emergency Department, Charlottesville, VA SEPT 20XX - DEC 20XX

- Provided acute care to individuals ages 18+ presenting with a range of medical conditions and traumatic injuries
- Performed triage of patients, histories, and physicals, and ordered laboratory studies, medications, and consults •
- Provided laceration care and designed treatment plans

### Sentara Rockingham Memorial Hospital: Pediatrics, Harrisonburg, VA

- Administered comprehensive health assessments, including physical exams and developmental screenings, for ٠ pediatric patients from infancy through adolescence, ensuring early identification of health issues
- Provided compassionate support and counseling to children and their families, addressing concerns related to growth, development, and emotional health
- Managed a variety of acute and chronic pediatric conditions, such as asthma, allergies, and infections, using evidence-based treatment protocols

# Bon Secours Health System: Cardio, Richmond, VA

- Conducted detailed cardiovascular examinations, electrocardiograms (EKGs), echocardiograms, and stress tests • to aid in accurate diagnosis and treatment planning
- Collaborated with nurse practitioners and surgeons to manage patients with cardiothoracic diseases such as aortic aneurysms, mitral regurgitation, and pulmonary nodules
- Scrubbed into surgical procedures including CABG, mitral valve replacement, TAVR, and laser lead extraction ٠ under the supervision of cardiothoracic surgeons

# **HEALTH CARE EXPERIENCE**

Registered Nurse, Inova Health System: Neonatal Intensive Care Unit (NICU), Virginia Beach, VA SEPT 20XX – PRESENT

- Conduct thorough assessments of neonates, including physical examinations and neurological evaluations, to detect any signs of complications or changes in health status
- Provide specialized interventions for neonatal conditions such as respiratory distress syndrome (RDS), ٠ necrotizing enterocolitis (NEC), and hypoglycemia
- Offer comprehensive family-centered care by supporting parents in bonding with their infants through skin-toskin contact, facilitating breastfeeding, and offering emotional support and education on neonatal development

DEC 20XX

MAY 20XX

JAN 20XX - APR 20XX

JAN 20XX - APR 20XX

SEPT 20XX - DEC 20XX

#### HEALTH CARE EXPERIENCE CONTD.

Nurse Extern, Sentara Family Medicine Physicians, Virginia Beach, VA

- Supported nurse practitioners during minor procedures and examinations, demonstrating proficiency in maintaining sterile techniques and patient comfort
- Incorporated counseling regarding primary preventative health measures into periodic visits
- Conducted patient assessments, vitals monitoring, and medication administration

**Certified Nursing Assistant (CNA)**, Virginia Mennonite Retirement Community, Harrisonburg, VA AUG 20XX – JUN 20XX

- Provided attentive care and assistance to residents in a Skilled Nursing Facility home alongside a team of four other CNAs
- Guided residents in daily living tasks such as restroom visits, dressing, grooming, and meal consumption
- Administered daily medication ensuring accurate dosages and timely adherence to prescribed regimens

Certification Instructor, JMU University Recreation Center (UREC), Harrisonburg, VA

r (UREC), Harrisonburg, VA OCT 20XX - MAY 20XX

JUN 20XX - SEPT 20XX

- Taught classes of 10-15 students including CPR for the Professional Rescuer, First Aid, and Lifeguard Training
- Facilitated in-service training and developed instructional materials and curricula for classes
- Maintained regular communication with participants and two supervisors to ensure certification courses stayed relevant and complied with American Red Cross regulations

#### **PROFESSIONAL AFFILIATIONS**

National Organization of the Nurse Practitioner Faculties (NONPF) American Association of Colleges of Nursing (AACN) American Association of Nurse Practitioners (AANP)

#### **CERTIFICATIONS AND SKILLS**

CPR, American Red Cross	20XX
Basic Life Support, American Health Training	20XX
Certified Nursing Assistant License, Virginia Mennonite Retirement Community (VMRC)	20XX