JMU Health and Physical Activity
Institute
2024

FAMILY LIFE ROUNDTABLE



Connections





Goal:

Divide sixteen words into four groups of four so that the words in each group belong to a specific category

Can

Connections

RECOMMENDED MEMBERS OF FLE COMMUNITY INVOLVEMENT TEAM

CLERGY, PARENT, PRINCIPAL, SCHOOL BOARD MEMBER

PEOPLE WHO MIGHT TEACH FAMILY LIFE

COUNSELOR, HEALTH AND PE TEACHER, MEDICAL PROFESSIONAL, NURSE

WAYS TO COMMUNICATE FLE CONTENT

INFO SESSIONS, OPT OUT PROCEDURE,
PARENT GUIDES, PARENT PORTAL

FLE STANDARDS THAT OVERLAP WITH HEALTH STANDARDS

DECISION-MAKING SKILLS, EFFECTS
OF SUBSTANCE ABUSE, IDENTIFY
CAREER GOALS, POSITIVE
COMMUNICATION SKILLS



Learning Intentions

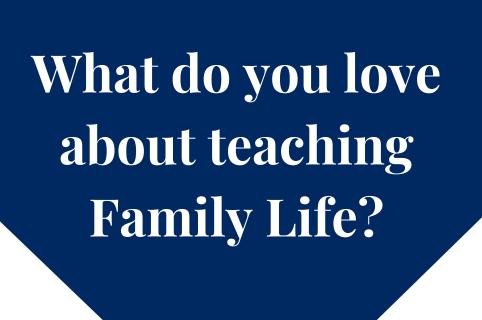
Explore the many facets of a high-quality family life program

Create a solutions-based discussion on family life topics



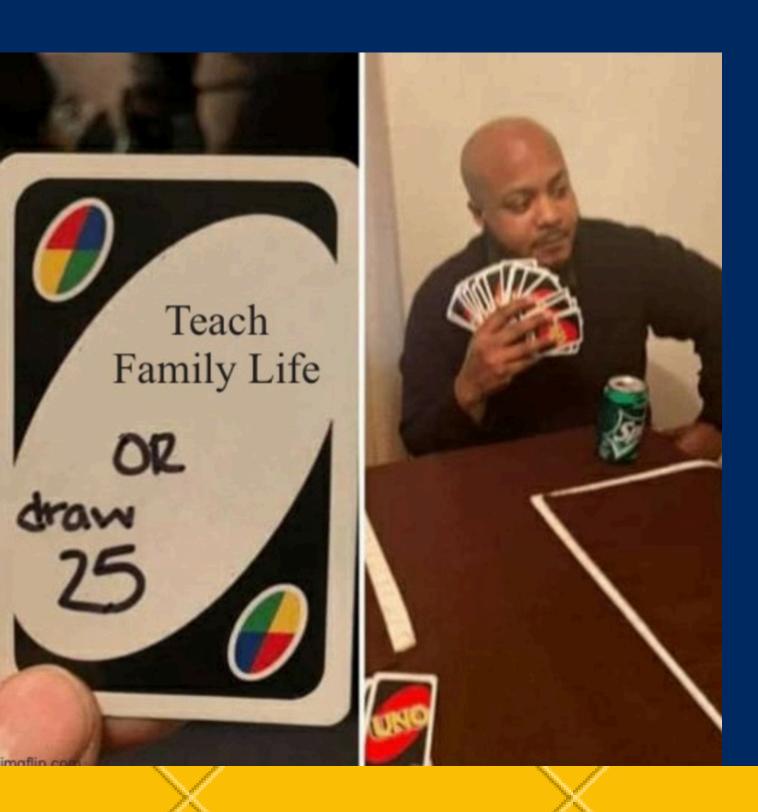


CHICA









What are the most significant challenges you are facing today as a FLE teacher/administrator?

FLE Professional Learning

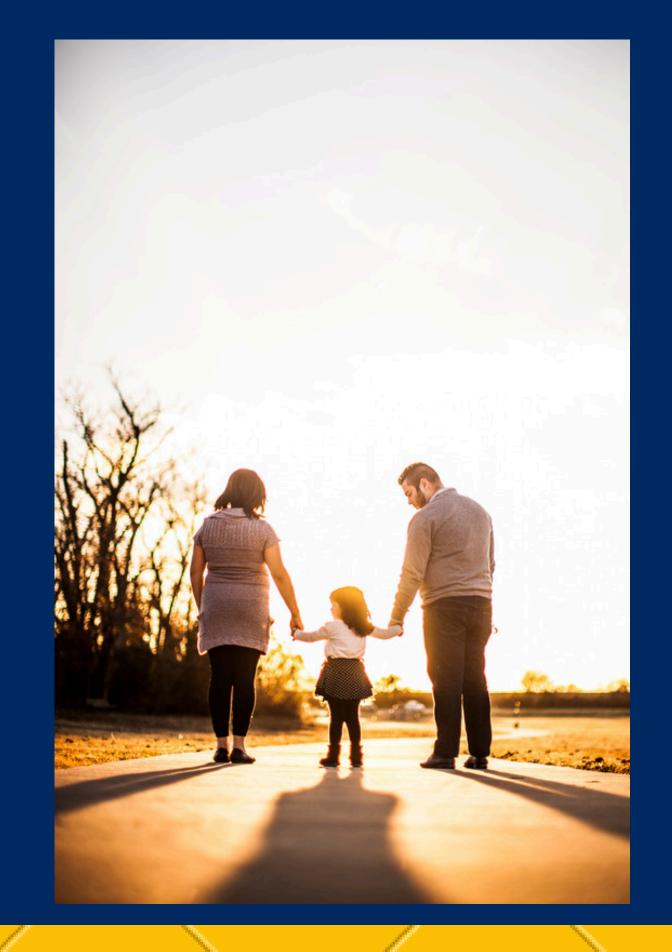
Virtual Virginia
Family Life Basics
Family Life Administrators
Human Trafficking





What additional topics would you like to see offered as professional development?

HOW DO YOU ENCOURAGE PARENTAL INVOLVEMENT IN FAMILY LIFE EDUCATION?



Parental Involvement

Parent Resource Guides

VA SOL 9.6 (HPE I)

The student will realize the importance of setting standards for controlling sexual behavior and of postponing sexual relations until marriage.

Subject Area: Family Life

Descriptive Statement

The physical, emotional, social, and economic consequences of premarital sexual relations continue to be emphasized. Reinforcement of assertiveness skills and ways to say "no" will enable the student to resist pressure from other teenagers and manage his or her own feelings and behavior. Instruction includes discussion regarding the law and meaning of consent. Emphasis is placed on an increased awareness that consent is required before any kind of sexual activity.

Activity	Parents and students review reasons to say "no" or postponing sexual activity.
Things to Think About	 This is a good place to talk about taking responsibility for your actions. It is not always appropriate to act out sexual feelings. Young people have a right to say "no" to uncomfortable situations, such as rides with other teens, drugs at a party, and pressure to have sex. How should they handle it?
Key Terms	Assertiveness Skills - standing up for yourself and your beliefs in a firm, but positive way Consent - a verbal agreement/permission between two people to engage in sexual contact



Informational Sessions

WHAT SPECIFIC AREAS ARE YOU IN NEED OF ADDITIONAL/UPDATED RESOURCES?





CONSIDERATION OF THE NEED FOR AGE-APPROPRIATE AND DEVELOPMENTALLY APPROPRIATE INSTRUCTION RELATED TO SEXUAL HEALTH, SELF-RESTRAINT, SELF-PROTECTION, RESPECT FOR PERSONAL PRIVACY, AND PERSONAL **BOUNDARIES OF OTHERS IS REQUIRED** BY THE COMMONWEALTH OF VIRGINIA AS A PART OF THE DEVELOPMENT OF EACH ANNUAL IEP, AT A MINIMUM, FOR **ALL STUDENTS WITH AN IDENTIFIED EDUCATIONAL DISABILITY.**

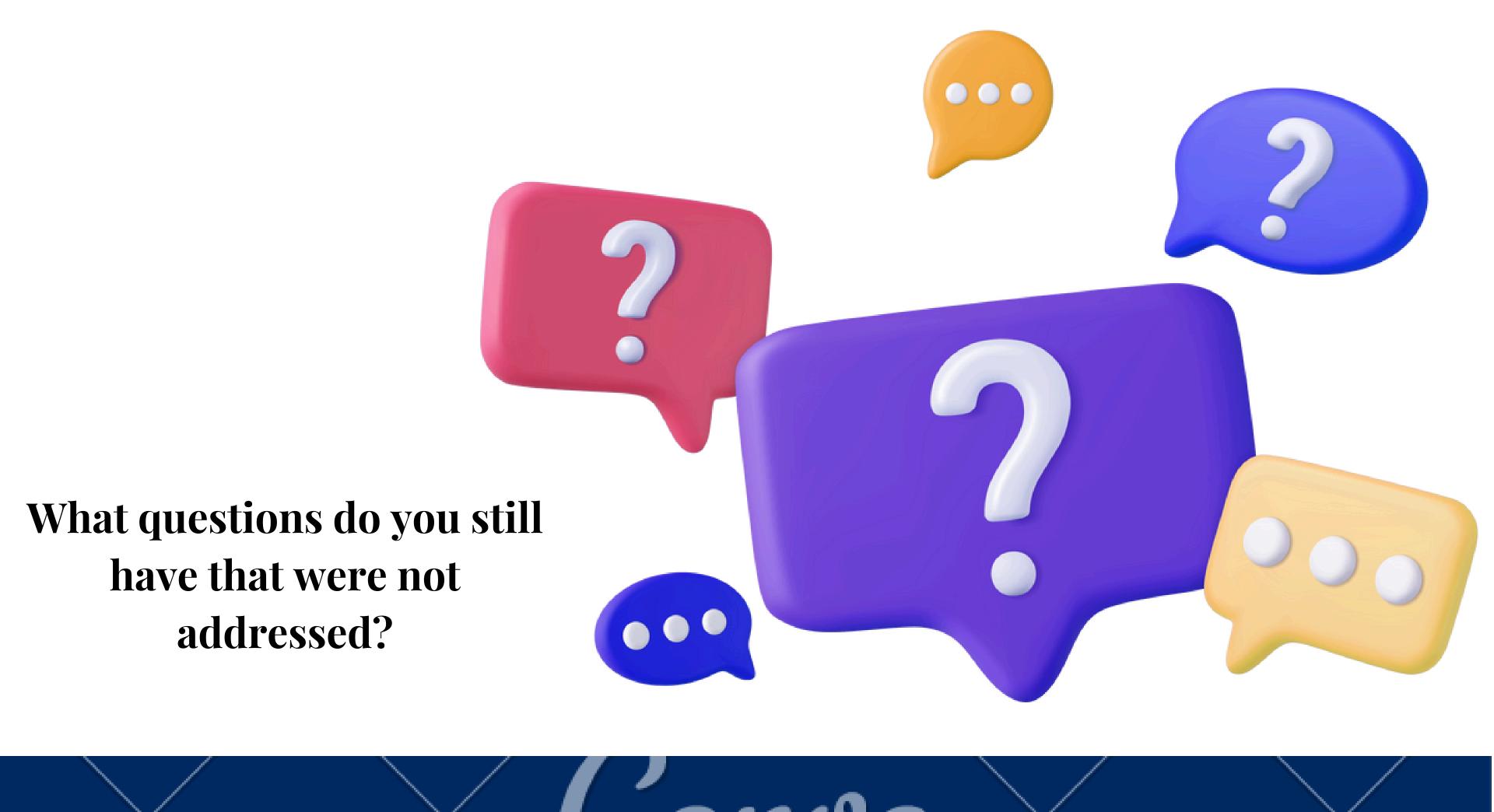


WHAT SUPPORTS OR
QUESTIONS DO YOU HAVE
ABOUT THESE NEW
GUIDELINES?





What are some ways that you leverage your community to help implement the FLE curriculum?



THANK YOU!

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