

## Effective Engagement for HPE Students in a Block

### Higher or Lower Brain Boost

One student comes to the front of the room. The teacher writes a three-digit number on the board behind the student so he/she cannot see it.

The student calls out a number while marching in place. The remainder of the class marches in place until the number is called out.

If the number is too high, the class squats (guess lower). If the number is too low, the class jumps up and down (guess higher).

When the correct number is identified, select a different student to come to the front and repeat.