

Welcome to
Upward Bound
2023-2024



Meet the Upward Bound Team!



Director of TRIO Programs

Hi! I'm Dr. Joy Brittain, and I have been directing TRIO Programs for 24 years. I directed both the pre-college and college-level TRIO Programs as well as two GEAR UP grants, foster youth, and migrant programs. I am a first generation college student.

Email: brittajs@jmu.edu

Phone: 818-445-0332

Program Advisor

My name is Wendy Knight. I graduated from BRCC and JMU as a first-generation college student and became a secondary English teacher working with at-risk and struggling students. My passion is helping students grow, and instilling confidence while supporting them on their journey to achieving goals and dreams!

Email: knightwx@jmu.edu

Phone: 305-981-6536



Program Assistant

My name is Xavier Adkins, I'm both a first-generation American and college student and I am currently in my last year at JMU as an elementary education major. My goal is to teach 3rd grade after I graduate and I have been incredibly passionate about education since I was in high school. I am extremely excited to be a part of the TRIO program and am passionate about supporting students.

Email: adkinsxm@dukes.jmu.edu

Phone: 540-395-3509



Program Assistant

I'm Neil Snider, a Social Work major at JMU. Originally from Roanoke, Virginia, my passion lies in helping others navigate life's challenges, which led me to work with the TRIO program at my local community college and again in Harrisonburg. Being part of TRIO allows me to contribute directly to the educational and personal growth of students, helping them overcome barriers and achieve their academic goals.

Email: snidernx@dukes.jmu.edu

Phone: 540-568-5679



Upward Bound Directions

Memorial Hall Address: 395 S High St, Harrisonburg, VA 22801
Parking Lot Address: 340 W Grace Street Harrisonburg, VA 22801



The directions to the TRIO (Upward Bound/ Talent Search) Offices:

1. Memorial Hall (the old Harrisonburg High School Building) which is located at **395 South High Street**.
2. Park in the **R9 parking lot** in any space. The address is: **340 W Grace Street**
3. Walk down the sidewalk on Grace Street and go in the first set of doors on the left (the **F entrance**) and take a left. Our office is at the end of the hallway, but we will try to meet you at the F entrance door.

What is UB?

Upward Bound is 1 of 8 federally-funded TRIO programs that are all over the U.S. Upward Bound offers free services and activities to assist 9th-12th grade students to be successful in high school so they can easily transition and complete postsecondary education.

This includes: advising, tutoring, and college application & scholarship assistance, and career exploration.

Important Dates 2023-2024

September 16- Workshop: Etiquette and Job Skills

Location: Memorial Hall

October 21-Field Trip: Back on the Farm

November 18- Workshops: SEL (9th/10th) and Searching for Scholarships (11th/12th)

December 9- Workshop: Study Skills and Scent Making

January 20-Workshop: ROTC & Planetarium (9th/10th) FAFSA (11th/12th)

February 17- Trip: Liberty University and Sea Quest Aquarium

March TBA- Trip: Dynamic Aviation

April 20- Trip: Polyface Farm

May- Trip: Kings Dominion STEM Day

June 1- Graduation Banquet

July 1- August 2: Summer Program

August 4-8:-College Tour

All workshops begin at 9:00AM and end at 1:30PM and include: a continental breakfast and JMU catered lunch

What is the Summer Program?

The summer institute is a time to experience life in a college setting with professors and your Upward Bound peers. Math, English, and science classes and fun workshops are hosted at James Madison University, as well as weekly field trips! During the last week of the program, students will travel to schools across Virginia, West Virginia, and Pennsylvania, including WVU, the University of Pittsburgh, Penn State, and George Mason University.

RESOURCES for Students

LOCAL AGENCIES, SHELTERS, FOOD, TRANSPORTATION, ETC.

Explore career opportunities with "My Next Move"

THE COLLEGE PLACE

MENTAL HEALTH

REGISTER FOR FREE FINANCIAL AID RESOURCES AND ASSISTANCE

COUNSELING, EMERGENCY/ CRISIS SUPPORT

SCAN THE QR CODES TO ACCESS THE RESOURCES ABOVE!

FREE live online Tutoring

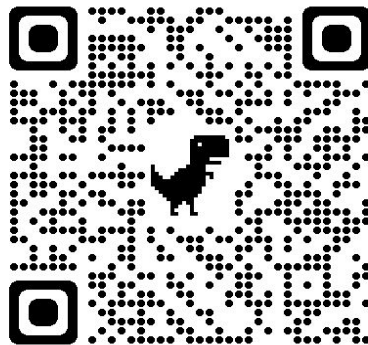


Expert Help

- Live Tutoring
- Writing Lab
- Send Question

Academic Tools

- SkillSurfer
- LEAP Learning Platform
- FlashBulb™
- eParachute
- Language Lab
- MEET™
- Brainwave™



You will receive a Username and Password in an email from your advisor!

***Please see your advisor if you need more academic assistance.**

Frequently Asked Questions

What do I do with signed papers and permission slips?

Give them to any UB staff member at your school at the purple table during lunch or advisory periods! **OR** drop it by the counseling office in your high school.

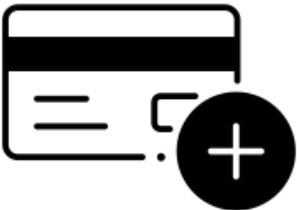


Do I have to go to JMU if I join UB?

Nope! Upward Bound can help you on your path to colleges or universities anywhere in the U.S.!

How much does UB cost?

FREE. Every workshop, field trip, all supplies, and all food are totally free! Upward Bound is funded by a grant, so there is zero cost to students or parents/guardians.



STIPENDS: What is a stipend?

Stipends are a set amount of money paid to a person, much like an allowance. In UB, students earn **\$30** every month that they participate and keep their grades up during the school year. Students earn **\$60** every month that they attend the Summer Program!!!

Can UB be put on college or job applications?

Absolutely!!! In fact, when you join UB, you work with an advisor and director who are great resources and can even write a reference for your applications!

Does Upward Bound Provide Transportation?

Yes! Upward Bound has vans that pick up any students needing a ride and will drop them back off at their homes. These vans are provided for Saturday workshops, to a charter bus for trips, and to campus for the entire summer program.

Do I HAVE to attend the summer program?

It is **required** that students attend the 6-week summer program, unless they have other academic commitments.