

Debbie Couch

Debbie Couch, a Trainer and Instructor II at Old Dominion University, is dedicated to empowering employees with crucial soft skills, fostering a culture of resilience in today's ever-evolving workplace. Previously a Training Specialist at Chesapeake Public Libraries, she honed her expertise in comprehensive training and service delivery optimization. Debbie's journey began at the Naval Aviation Depot, Norfolk, VA, as a Total Quality Management facilitator for the Department of the Navy. Armed with an Associate Professional in Talent Development and Human Performance Technology certification and a master's degree in Secondary Education, Debbie's commitment to adult learning fuels her mission of driving personal and organizational growth.