

## **Books for Children who have been Abused**

*It's My Body: A Book to Teach Young Children How to Resist Uncomfortable Touch* by Lory Britain (ages 3-6)

*Be Careful and Stay Safe* by Cher J. Meiners (ages 4-8)

*Angryman* by Gro Dahle (ages 6+)

*Consent (for Kids): Boundaries, Respect, and Being In Charge of You* by Rachel Brian (ages 6-10)

*Bait* by Alex Sanchez (Teens)