

Books for Grief

Parents

The Grieving Teen : A Guide for Teenagers and Their Friends by Helen Fitzgerald

Guiding Your Child through Grief by James P. Emswiler & Mary Ann Emswiler

Helping Children Cope with the Loss of a Loved One: A Guide for Grownups by William C. Kroen

Helping Teens Work Through Grief (Second Edition) by Mary Kelly Perschy

Teens

Coloring the Shades of Grief and Healing: A Teen/Young Adult Coloring Book to Help Heal Through Grief by Lyn Ragan & Dorothy Pigue

Healing Your Grieving Heart for Teens: 100 Practical Ideas (Healing Your Grieving Heart Series) by Alan D. Wolfelt, PhD

Healing Your Grieving Heart Journal for Teens (Healing Your Grieving Heart Series) by Alan D. Wolfelt, PhD

I Will Remember You: What to Do When Someone You Love Dies - A Guidebook Through Grief for Teens by Laura Dower & Elena Lister

Teen Grief Relief by Gloria Horsley

When Will I Stop Hurting?: Teens, Loss, and Grief (It Happened to Me) (No. 8) by Edward Myers

You Are Not Alone: Teens Talk About Life After The Loss of a Parent by Lynn B. Hughes

8-12 Year Olds

Tear Soup: A Recipe for Healing After Loss by Pat Schwiebert & Chuck DeKlyen

6-10 Year Olds

The Saddest Time by Norma Simon

4 Years & Older

I Miss You: A First Look at Death by Pat Thomas

The Invisible String by Patrice Karst

Lifetimes: The Beautiful Way to Explain Death to Children by Bryan Mellonie & Robert Ingpen

Sad Isn't Bad: A Good-Grief Guidebook for Kids Dealing with Loss (Elf-Help Books for Kids) by Michaelene Mundy

The Next Place by Warren Hanson

The Fall of Freddie the Leaf by Leo Buscaglia