

## **Books for Substance Use/Abuse**

*Everything You Need to Know About Smoking, Vaping, and Your Health* by Sherri Gordon

*Understanding Addiction through a Child's Eyes. Hope, Help, and Healing for Families* by Jerry Moe

*Wishes and Worries: Coping with a Parent Who Drinks Too Much Alcohol* by the Centre for Addiction & Mental Health & Lars Rudebjer