

2023



Youth Data Survey

8th, 10th, and 12th grade students from Harrisonburg City and Rockingham County Schools





8TH, 10TH, AND 12TH GRADE STUDENTS FROM HARRISONBURG CITY AND ROCKINGHAM COUNTY

Project Design and Management

Institute for Innovation in Health and Human Services (IIHHS) at James Madison University

Dr. Kim Hartzler-Weakley

Jennifer Rea

Data Compilation

Dainis & Company

Dr. Kim Hartzler-Weakley

Caroline Castellow – Research & Public Health, Research Assistant

Data Collection Facilitation

Harrisonburg City Public Schools Rockingham County Public Schools Eastern Mennonite School

Report Preparation

Jennifer Rea

Caroline Castellow – Research & Public Health, Research Assistant Quron Anthony - Research & Public Health, Research Assistant Molly Malik - Research & Public Health, Research Assistant

Data Collection

Many dedicated volunteers Dr. Liliokanaio Peaslee and PPA 359 Policy Administration Class

<u>Survey</u>

Local Youth Data Survey

Introduction

Background

James Madison University's Institute for Innovation in Health and Human Services (IIHHS) is pleased to present the 2023 Youth Data Survey (YDS) for Harrisonburg and Rockingham County. The YDS has taken place every two years since 1997 and continues to provide key data about local youth risk behaviors which enables the community to develop priority areas around youth issues. Administered by IIHHS, the YDS is a collaborative effort involving many community partners, including United Way of Harrisonburg and Rockingham County, Harrisonburg City and Rockingham County Public Schools, Eastern Mennonite High School, James Madison University, the Healthy Community Council, Sentara RMH Community Health, the Blue Ridge Area Health Education Center, and the Futuro Latino Coalition. Over 50 agency representatives and community volunteers assist with the administration of the survey every two years. The goal of the YDS is to examine the current and longitudinal trends around local youth risk behaviors with an approach that taps into the larger community question of what assets we need in our community to help people successfully navigate from infancy to adulthood. The objectives of the YDS for the community are the following: produce reliable information on risk behaviors; assess needs; ascertain gaps in service; assist in determining priority areas; allow agencies access to local data in order to write successful state, federal, and foundation grant applications to address the identified needs; and evaluate the impact agency programs have on the local youth over time. The ultimate goal is to improve the quality of life for the children and youth in Harrisonburg and Rockingham County.

Every two years in the fall, a locally created survey is administered to approximately half of all 8th, 10th, and 12th graders in Harrisonburg City and Rockingham County. Every 10 years, a committee comprised of local agency representatives and interested community members evaluate the survey and make any necessary additions and revisions. JMU students assist IIHHS staff and help secure and train agency representatives and community volunteers to administer the survey. This report would not be possible without the support of our local schools, community organizations, and many dedicated volunteers.

The survey was administered during the weeks of October 30th and November 17th, 2023 to youth in Harrisonburg City and Rockingham County. Surveys were completed by 1,762 students (approximately 822 females, 897 males, 9 transgender youth, and 18 gender non-conforming youth) between the ages of 12 and 19.

Navigation

This report presents information on key issues affecting the youth in our community. The Quick Facts section gives an overview of the assets and risk factors present in our youth. The data is then presented by topic for a more detailed investigation of assets and risk factors. The final section includes Topical Fact Sheets that provide at-a-glance information on selected risk factors. A link to the survey is included in the appendix for your reference.

Additional Information

In addition to the data presented in this report, IIHHS staff are available to make specialized presentations or reports for any interested group. Please contact Jennifer Rea at (540) 568-2559 or reajl@jmu.edu with requests. Archived data from all administrations of the Youth Data Survey (1997-2021) is also available on the IIHHS website (http://www.jmu.edu/iihhs/youthdata.shtml).

Table of Contents

Quick facts 4
Youth Demographics8
Youth by Race
Youth by Age
Youth by Gender
Youth by Living Arrangements
Youth Employment Status
Youth Sexuality11
Age at First Time of Sexual Intercourse
Sexual Intercourse by Grade Level
Youth Who Report Talking to Their Parents About Sex
Sexual Activity and Alcohol Use Sexual Activity and Sports, Clubs, Church Involvement and Community
Contraceptive Method Used Most Recently
Most Commonly Used Choice of Contraceptive Method
Youth Alcohol Use16
Cumulative Frequency of Alcohol Use
Youth Who Report it is Very Easy or Fairly Easy to Get Alcohol
Alcohol Use by Youth Whose Friends and Parents Think Use is Wrong
Alcohol Use and Sports, Clubs, Community, and Church Involvement
Youth Tobacco Use20
Cumulative Frequency of Tobacco Use Youth by Grade Who Use Tobacco At Least Once per Year
Cumulative Frequency of Electronic Vapor Product Use Youth by Grade Who Use
Electronic Vapor Products At Least Once Per Year
Youth Who Report it is Very Easy or Fairly Easy to Get Tobacco Products Youth Who Report Using Cigarettes or e-Cigarettes Puts an Individual at Moderate or Great Risk

Youth Drug Use24
Cumulative Frequency of Illicit Drug Use
Types of Prescription Drugs Used in the Past Year
Types of Drugs Used in the Past Year
Youth Who Report it is Very Easy or Fairly Easy to Get Marijuana
Youth Who Report it is Harmful or Very Harmful to Use Marijuana
Marijuana Use by Youth Whose Friends and Parents Think Use is Wrong
Marijuana Use and Sports, Clubs, Church Involvement, and Community Activities
Youth Violence30
Youth Who Report Violence at School Without a Weapon
Youth Who Report Violence at School With a Weapon
Youth Who Participate in Gang Activity
Youth Safety and Health32
Youth Who Always Wear a Seatbelt, Never Drink and Drive, and Never Ride with a Driver Who
Has Been Drinking
Self-Report of Weight
Weight Loss Methods
Number of Days Youth Exercised for 60 Minutes in the Last Week
Number of Hours of Sleep on Average School Night
Youth Participation in Activities
Youth Whose Parents Set Clear Rules and Enforce Them
Youth Suicidal Behavior36
Youth Who Have Considered and/or Planned on Committing Suicide
Who Youth Would Tell When Worried About A Friend Seriously Thinking of Suicide
Supporting Data37
Education Level of Parents
Language Spoken at Home
Appendix: 2021 Rockingham-Harrisonburg Youth Data Survey 38
Topical Fact Sheets39
Alcohol Use
Mental Health
Drug Use
Sexual Health Health and Safety

RISK FACTORS YOUTH 2023

Alcohol Usage	Percentage
Did not use	81.1%
Every day	0.8%
Once/week	2.0%
Once/month	5.4%
Once/year	10.7%

Tobacco Usage	Percentage
Did not use	95.3%
Every day	0.8%
Once/week	0.5%
Once/month	1.1%
Once/year	2.4%

Sexual Activity	Percentage (of sexually active youth)
Birth control pills	22.8%
Birth control shot	1.0%
Condoms	44.6%
IUD (intrauterine device)	0.3%
No method was used	19.4%
Other form of birth control (patch, ring, etc.)	2.4%
Withdrawal (pulling out)	9.3%

Electronic Vapor Usage	Percentage
Did not use	86.1%
Every day	3.7%
Once/week	1.6%
Once/month	3.0%
Once/year	5.6%

Marijuana Usage	Percentage
Did not use	87.5%
Every day	2.2%
Once/week	2.4%
Once/month	3.3%
Once/year	4.5%

Weight Loss	Percent
Did not try to lose weight	70.5%
Vomit	1.5%
Over-exercise	4.5%
Skipped meals	12.0%
Diet Pills	0.7%
Some other method	10.9%

RISK FACTORS 8TH GRADERS 2023

Alcohol Usage	Percentage
Did not use	92.3%
Every day	0.2%
Once/week	0.4%
Once/month	1.6%
Once/year	5.6%

Tobacco Usage	Percentage
Did not use	98.2%
Every day	0.4%
Once/month	0.2%
Once/year	1.2%

Sexual Activity	Percentage (of sexually active youth)
Birth control pills	3.1%
Condoms	46.9%
No method was used	12.5%
Other form of birth control (patch, ring, etc.)	3.1%
Withdrawal (pulling out)	9.4%

Electronic Vapor Usage	Percentage
Did not use	91.7%
Every day	1.2%
Once/week	0.8%
Once/month	2.0%
Once/year	4.4%

Marijuana Usage	Percentage
Did not use	96.0%
Every day	0.8%
Once/week	0.8%
Once/month	0.8%
Once/year	1.6%

Weight Loss	Percentage
Did not try to lose weight	20%
Vomit	0.7%
Over-exercise	1.9%
Skipped meals	3.1%
Diet Pills	0.3%
Some other method	4.1%

RISK FACTORS 10TH GRADERS 2023

Alcohol Usage	Percentage
Did not use	82.8%
Every day	0.7%
Once/week	2.2%
Once/month	14.2%
Once/year	10.1%

Tobacco Usage	Percentage
Did not use	94.8%
Every day	0.5%
Once/week	1.0%
Once/month	0.8%
Once/year	2.9%

Sexual Activity	Percentage (of sexually active youth)
Birth control pills	12.0%
Birth control shot	2.4%
Condoms	32.5%
No method was used	14.5%
Other form of birth control (patch, ring, etc.)	3.6%
Withdrawal (pulling out)	16.9%

Electronic Vapor Usage	Percentage
Did not use	86.8%
Every day	3. 4 %
Once/week	1.9%
Once/month	2.9%
Once/year	5.1%

Marijuana Usage	Percentage
Did not use	89.4%
Every day	1.9%
Once/week	1.5%
Once/month	3.4%
Once/year	3.9%

Weight Loss	Percentage
Did not try to lose weight	26.2%
Vomit	0.6%
Over-exercise	1.2%
Skipped meals	4.4%
Diet Pills	0.2%
Some other method	3.5%

RISK FACTORS 12TH GRADERS 2023

Alcohol Usage	Percentage
Did not use	69.4%
Every day	1.3%
Once/week	3.2%
Once/month	10.2%
Once/year	15.9%

Tobacco Usage	Percentage
Did not use	93.4%
Every day	1.3%
Once/week	2.0%
Once/month	0.4%
Once/year	3.0%

Sexual Activity	Percentage (of sexually active youth)
Birth control pills	16.9%
Birth control shot	2.9%
Condoms	37.2%
IUD (intrauterine device)	1.7%
No method was used	8.7%
Other form of birth control (patch, ring, etc.)	5.8%
Withdrawal (pulling out)	5.6%

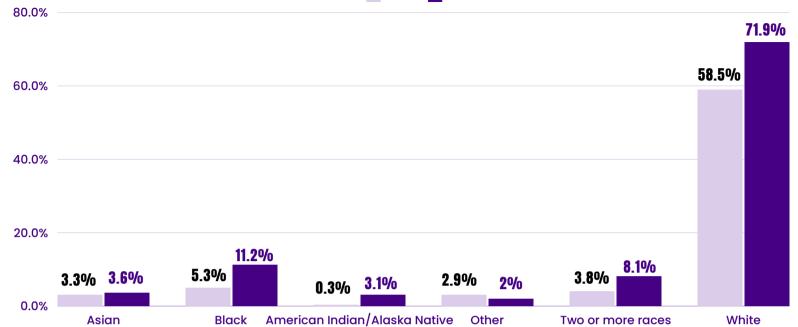
Electronic Vapor Usage	Percentage
Did not use	80.4%
Every day	6.1%
Once/week	2.1%
Once/month	4.3%
Once/year	7.1%

Marijuana Usage	Percentage	
Did not use	78.0%	
Every day	3.6%	
Once/week	4.8%	
Once/month	5.7%	
Once/year	7.9%	

Weight Loss	Percent
Did not try to lose weight	24.6%
Vomit	0.5%
Over-exercise	1.5%
Skipped meals	4.6%
Diet Pills	0.3%
Some other method	3.2%

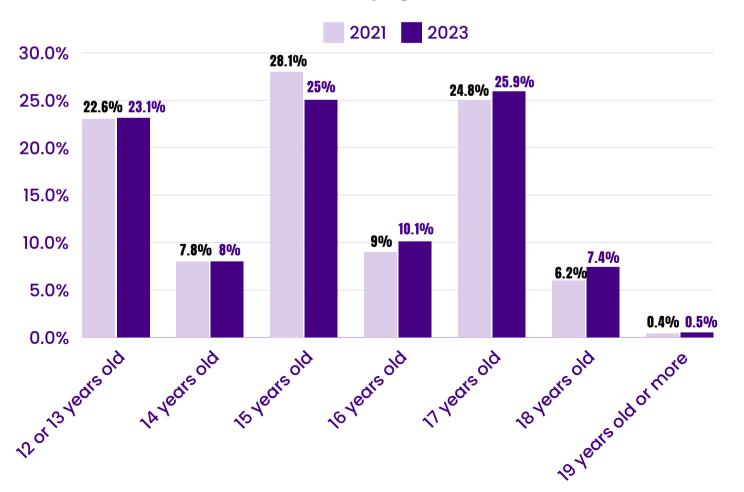
DEMOGRAPHICS Youth by Race

2021 2023



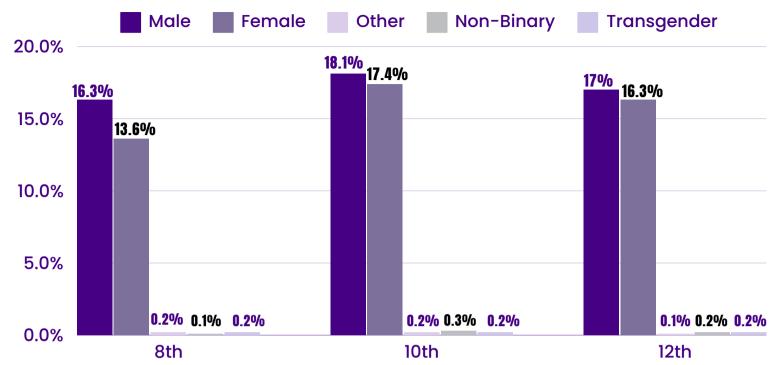
DEMOGRAPHICS

Youth by Age



MOGRAPH

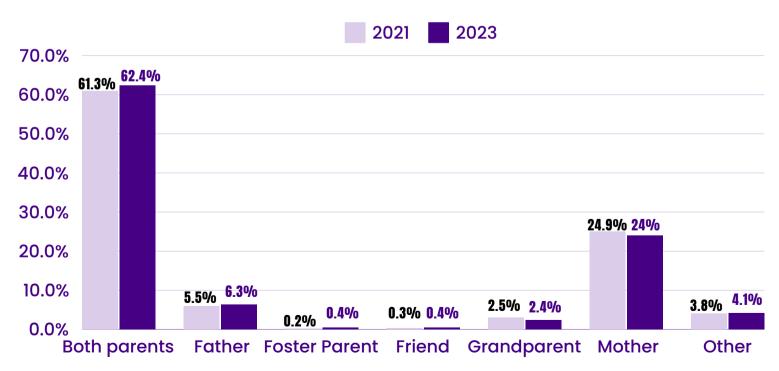
Youth by Gender



Additional Information: the percentages above are representative of the whole sample and not of the grades (e.g., 16.3% of the entire sample were 8th grade males).

DEMOGRAPHICS

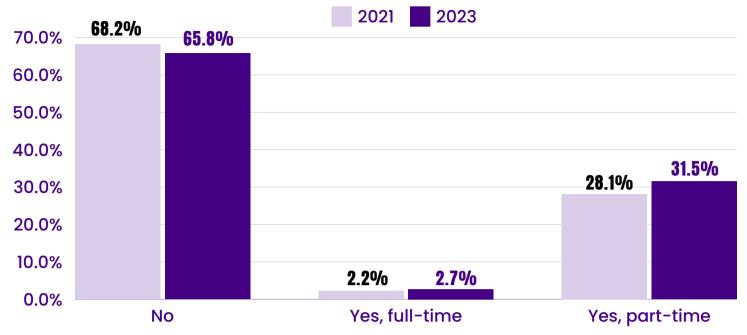
Living Situation



What the numbers and other information told us: The majority of teens (62.4%) still live with both parents. After that, nearly one-fourth of youth reside with just their mother or their mother and a step-parent (24%).

DEMOGRAPHICS

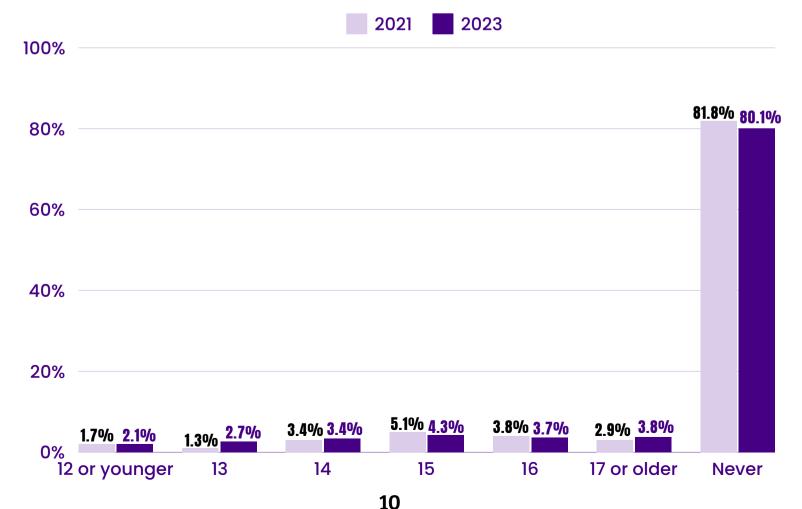
Youth Employment Status



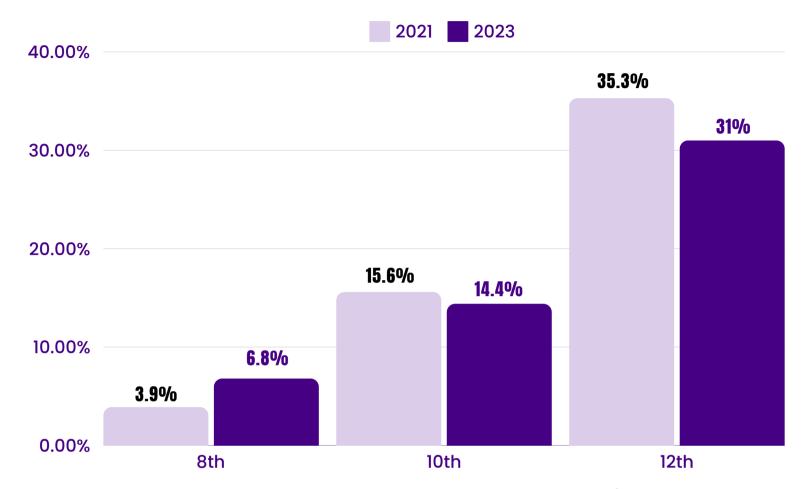
What the numbers and other information told us: The majority of youth are not employed (65.8%), while about one-third (34.2%) of youth are employed (full or part time).

SEXUALITY

Age at First Time of Sexual Intercourse



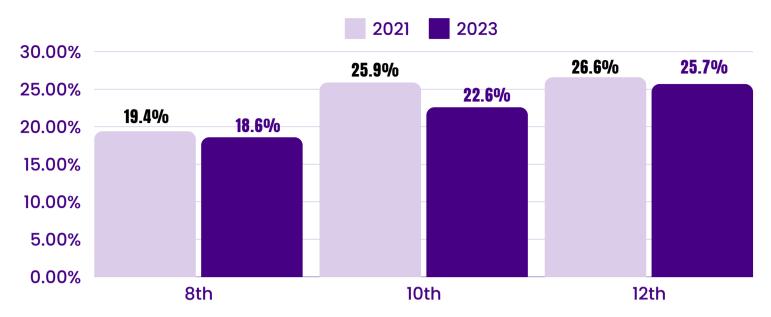
SEXUALITYSexual Intercourse by Grade Level



What the numbers and other information told us: Across most grades, the number of youth reporting having had sexual intercourse has decreased since 2021, with the only increase found in 8th graders (2.9% increase).

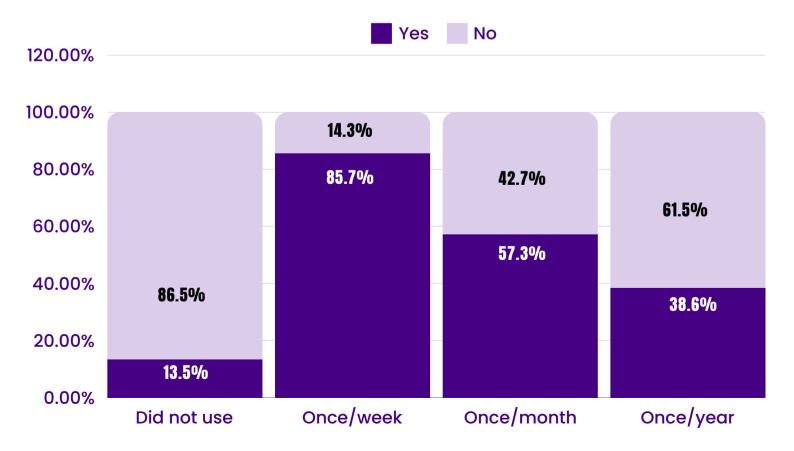
SEXUALITY

Percent of Youth Who Report Talking to their Parents about Sex Sometimes, Often, or A Lot

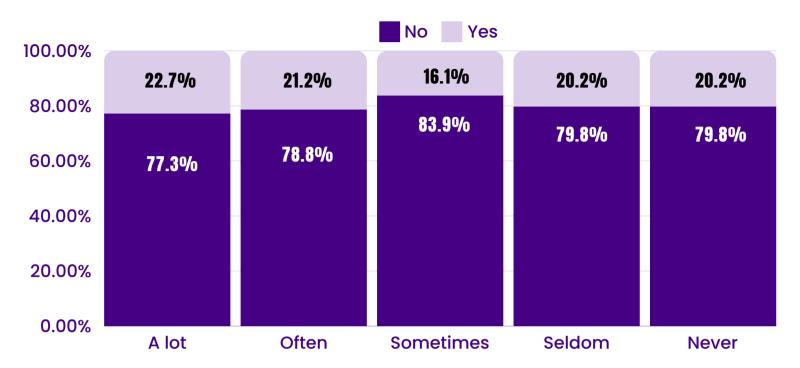


What the numbers and other information told us: This year, we saw a marked decrease in the number of youth that report they talk to their parents about sex. Nearly one quarter (22.5%) of all youth surveyed in 2023 say that they talk to their parents about this topic sometimes, often, or a lot and another quarter (22.8%) indicating they seldom talk to their parents about sex.

SEXUALITYSexual Intercourse by Alcohol Use

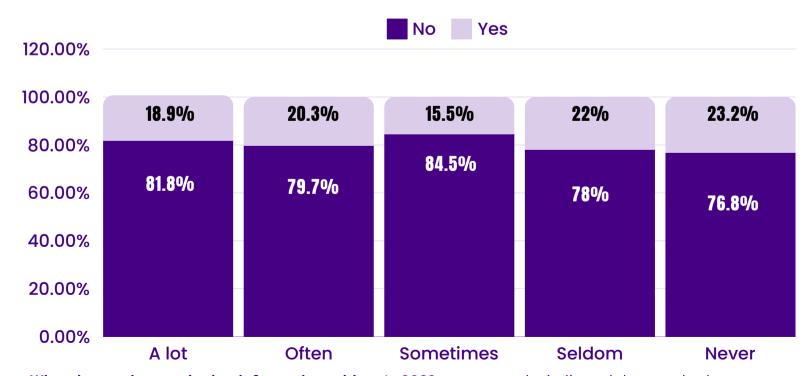


SEXUALITYSexual Intercourse by Youth Who Are Involved in Sports



What the numbers and other information told us: Though in 2023 youth that did not play sports had a higher proportion of sexual activity (8.1%) than youth that played sports often (2.7%) or a lot (5.9%).

SEXUALITYSexual Intercourse by Youth Who Are Involved in School Activities

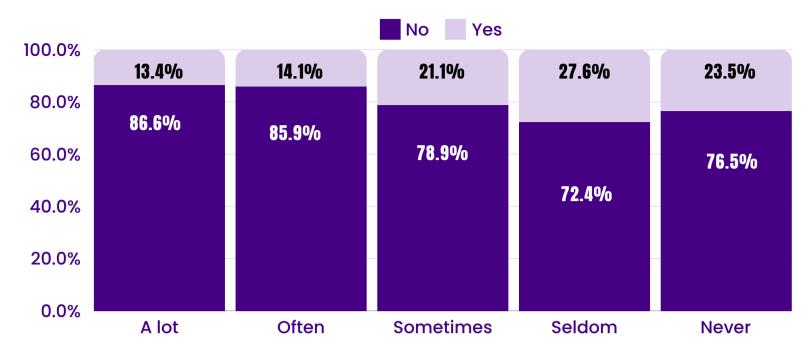


What the numbers and other information told us: In 2023, survey results indicated that youth who never participate in school activities were more likely to have had sex than youth who were involved in school activities.

13

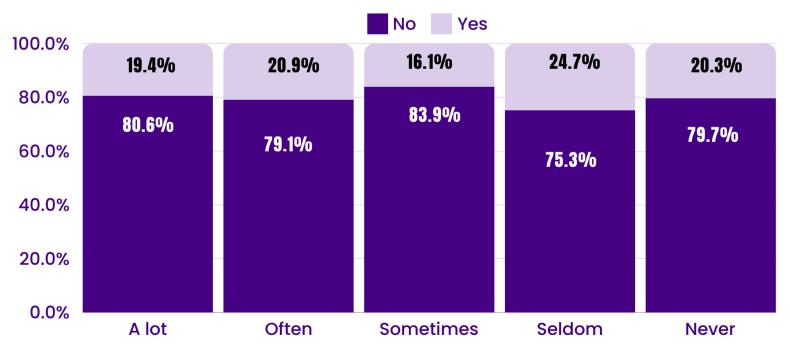
SEXUALITY

Sexual Intercourse by Youth Who Are Involved in Church Activites



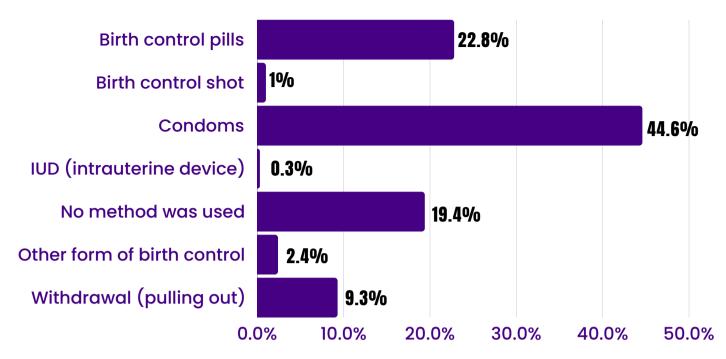
What the numbers and other information told us: Youth who never or seldom participate in church activities are more likely to be sexually active than youth who participate in church activities sometimes, often, or a lot of the time.

SEXUALITYSexual Intercourse by Youth Who Are Involved in Community Activities



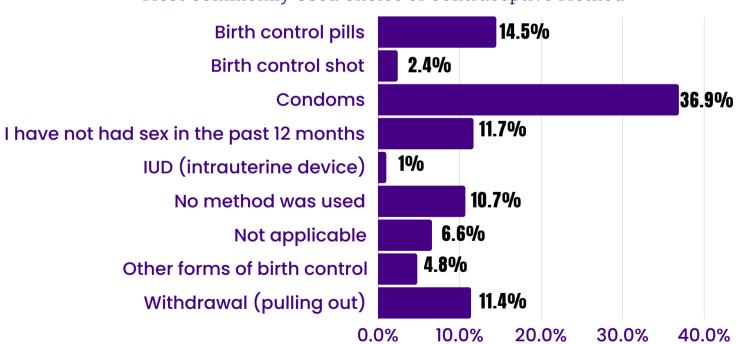
What the numbers and other information told us: In 2023, we observed a higher percentage of sexually active youth who never participate in community activities (about 38.3%) than the observed percentage of sexually active youth who are involved in community activities (about 10-11%).

SEXUALITYContraceptive Method Used Most Recently



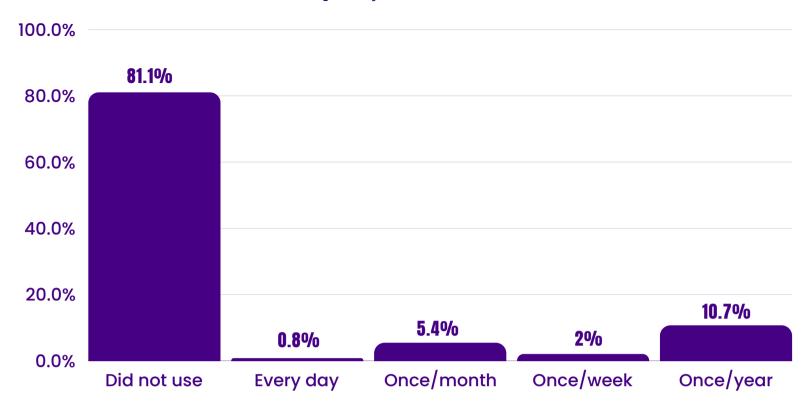
What the numbers and other information told us: When asked which contraceptive methods teens used the last time they had intercourse, 44.6% of sexually active teens indicated they used condoms, while 19.4% noted that they used no form of protection.

SEXUALITYMost Commomly Used Choice of Contraceptive Method

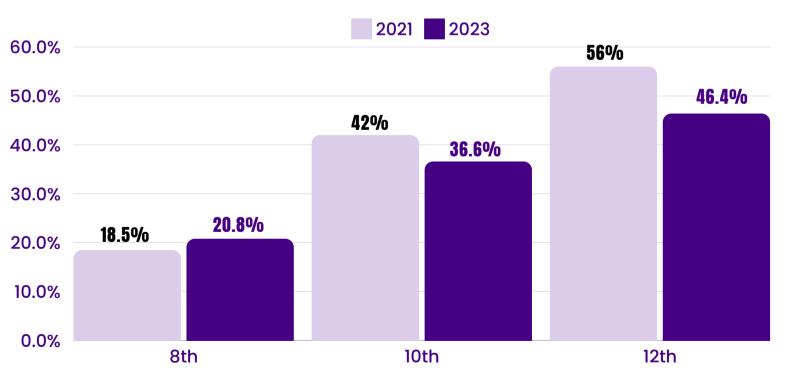


What the numbers and other information told us: When sexually active teens indicated which form of contraception they utilized most frequently in the past twelve months, condoms were the most commonly selected (36.9%) with birth control pills coming in second (14.5%). Only 11.4% of teens relied primarily on withdrawal and only 10.7% typically do not use protection.

ALCOHOL USEFrequency of Alcohol Use



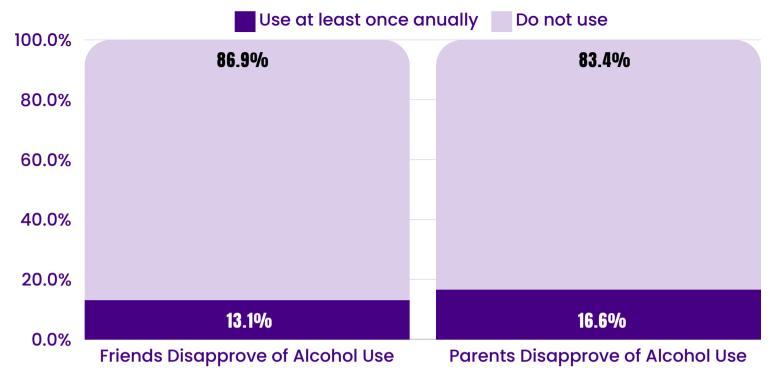
ALCOHOL USEYouth By Grade Who Report it is Very Easy or Fairly Easy to Get Alcohol



What the numbers and other information told us: The number of youth reporting that it is very easy or fairly easy to get alcohol steadily increased with each grade level.

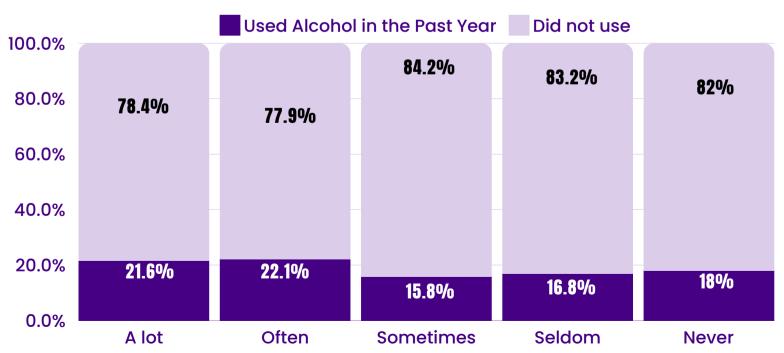
ALCOHOL USE

Alcohol Use by Youth Whose Friends and Parents Think Drinking Alcohol Nearly Every Day is Wrong or Very Wrong



What the numbers and other information told us: About one-tenth of students whose friends disapprove of alcohol use drink at least once a year. Similarly, only 16.6% of youth whose parents disapprove of alcohol use drink at least once a year.

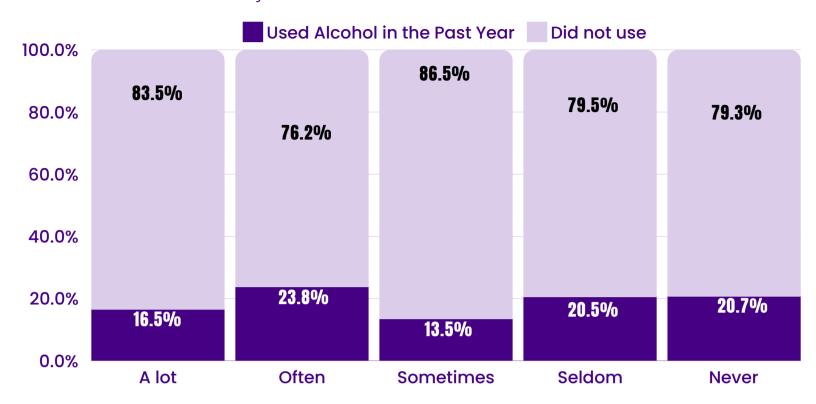
ALCOHOL USEAlcohol Use by Youth Who Are Involved in Sports



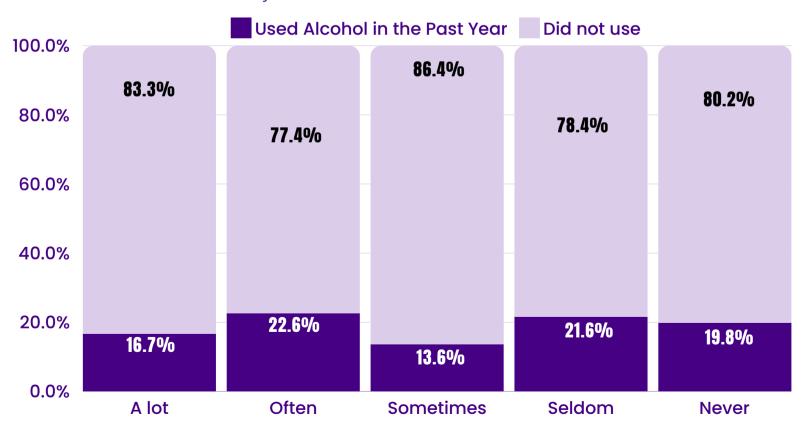
What the numbers and other information told us: In 2023, a slightly larger proportion of youth who had some level of involvement with sports used alcohol than those that were never involved in sports (7.1%).

ALCOHOL USE

Alcohol Use by Youth Who Are Involved in School Activities

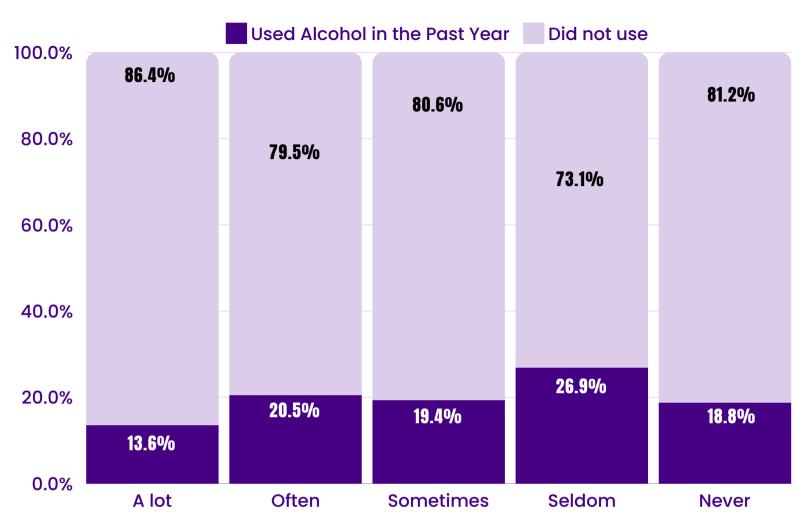


ALCOHOL USEAlcohol Use by Youth Who Are Involved in Church Activites



What the numbers and other information told us: Overall, the proportion of youth that use alcohol at least annually decreases, as youth involvement in church activities increases.

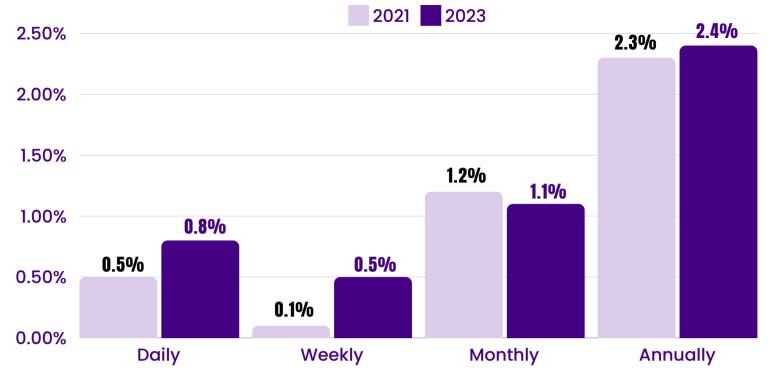
ALCOHOL USEAlcohol Use by Youth Who Are Involved in Community Activities



What the numbers and other information told us: There does not appear to be a consistent trend regarding annual alcohol use and involvement in community activities.

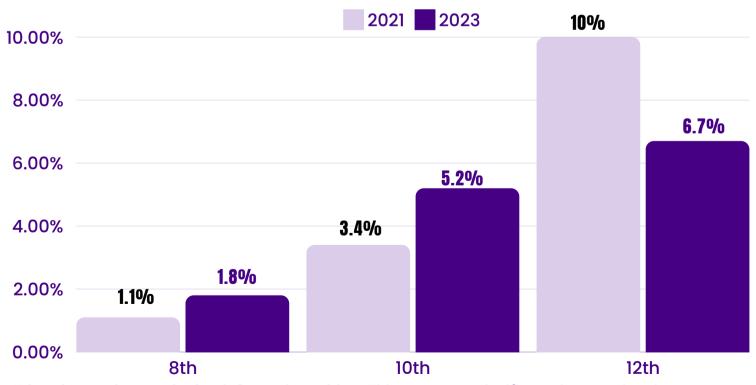
TOBACCO USE

Frequency of Tobacco Use



What the numbers and other information told us: There has been a slight increase in the overall use of tobacco in all grades from 2021, with daily use seeing an increase of 0.3%.

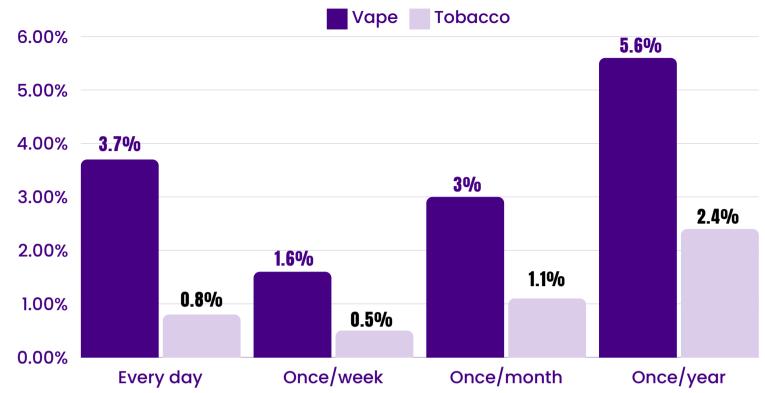
TOBACCO USE Youth By Grade Who Use Tobacco



What the numbers and other information told us: This year saw a significant decrease in tobacco use among 12th graders. Meanwhile, there has been a small increase in tobacco between 8th & 10th graders.

ELECTRONIC VAPOR USE

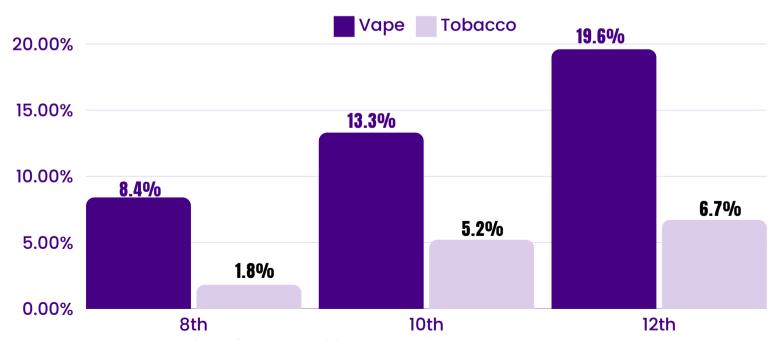
Frequency of Electronic Vapor Product Use



What the numbers and other information told us: In 2023, teens reported using electronic vapor products more often than tobacco products daily, weekly, monthly, and annually.

ELECTRONIC VAPOR USE

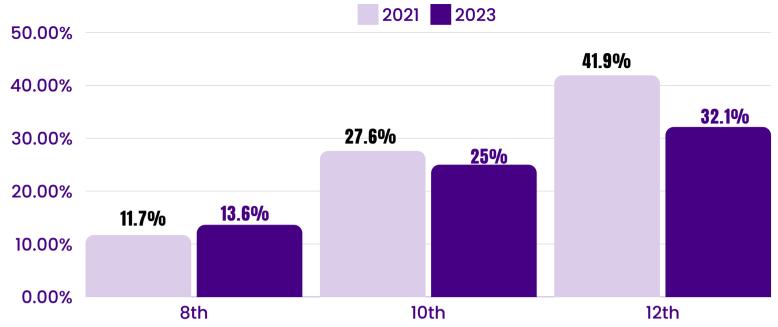
Youth By Grade Who Use Electronic Vapor Products At Least Once Per Year



What the numbers and other information told us: Across all grades, more teens use electronic vapor products annually than tobacco products. This difference is most pronounced in 12th graders, where annual use of electronic vapor products surpasses tobacco products by 12.9%.

TOBACCO USE

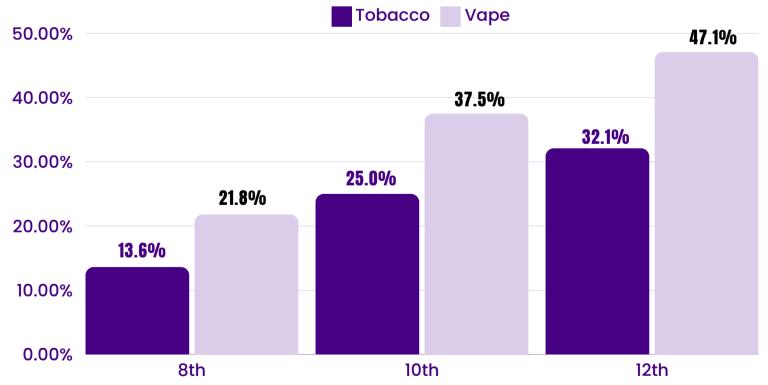
Youth By Grade Who Report it is Very Easy or Fairly Easy to Get Tobacco Products



What the numbers and other information told us: A higher percentage of 8th graders reported that it was easier to access tobacco products in 2023 compared to 2021. Conversely, fewer 10th and 12th graders indicated that obtaining tobacco products was very easy or fairly easy in 2021 than in 2023.

TOBACCO USE

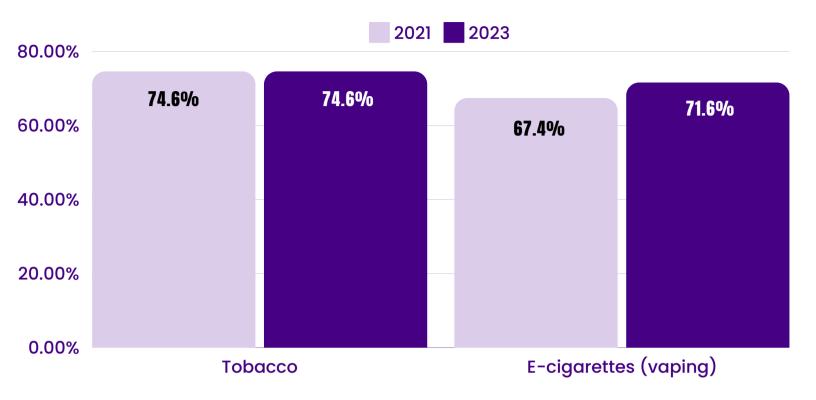
Youth By Grade Who Report it is Very Easy or Fairly Easy to Get Tobacco and Electronic Vapor Products



What the numbers and other information told us: In 2023, more teens indicate that they would have an easier time acquiring electronic vapor products than tobacco products. This trend is seen across all grades.

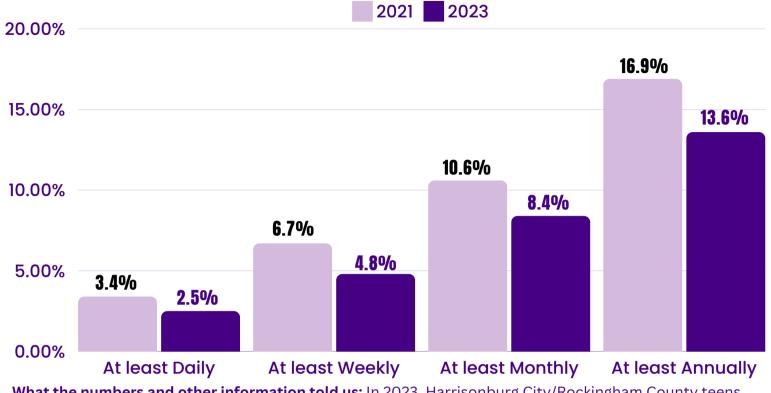
TOBACCO USE

Youth Who Agree That Using Cigarettes or e-Cigarettes Puts an Individual at Moderate or Great Risk



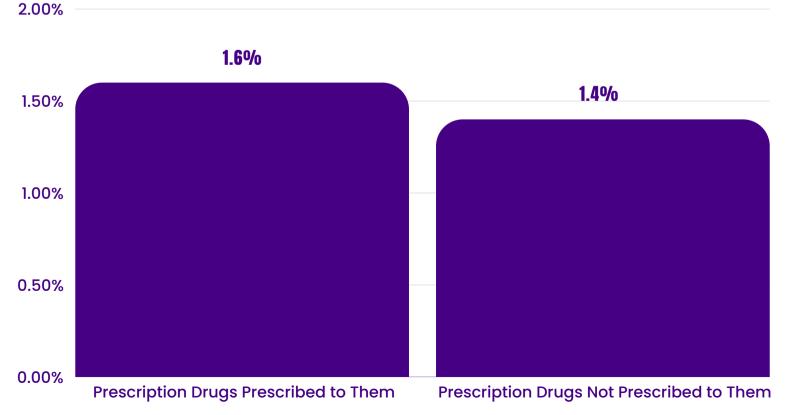
What the numbers and other information told us: Overall, 74.6% of youth feel that tobacco use risks moderate to great harm. In contrast, since 2021, more youth (compared to 67.4% in 2017) revealed that using e-cigarettes puts an individual at moderate or great risk of harm.

DRUG USECumulative Frequency of Illicit Drug Use

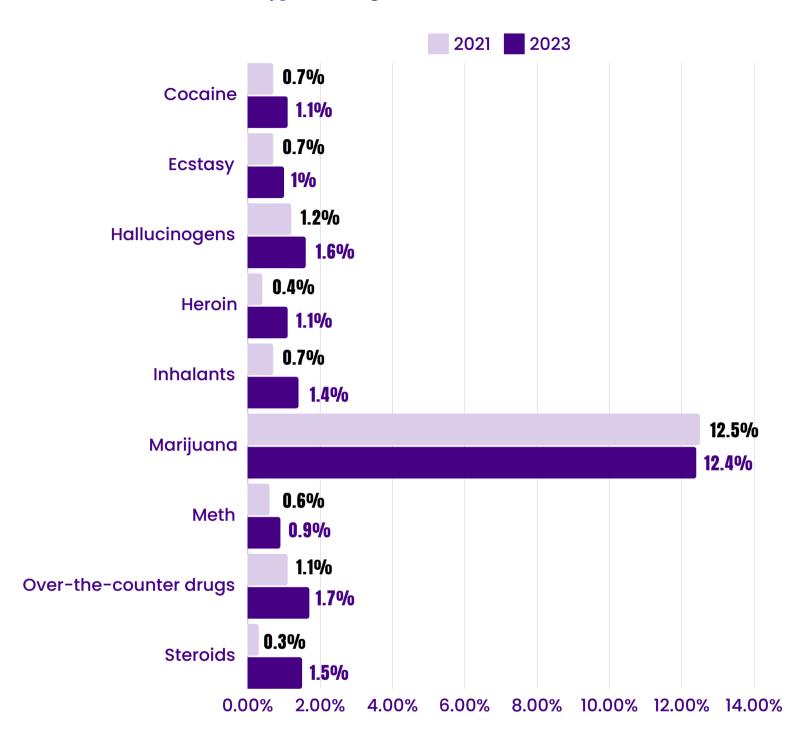


What the numbers and other information told us: In 2023, Harrisonburg City/Rockingham County teens reported less illicit drug use than they did in 2021.





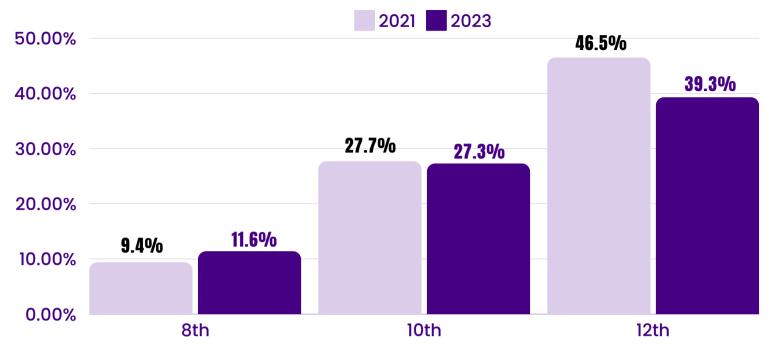
DRUG USETypes of Drugs Used in the Past Year



What the numbers and other information told us: Marijuana remains the most used drug with 12.4% of youth using at least annually. Across the board, drug use observed an increase in 2023.

DRUG USE

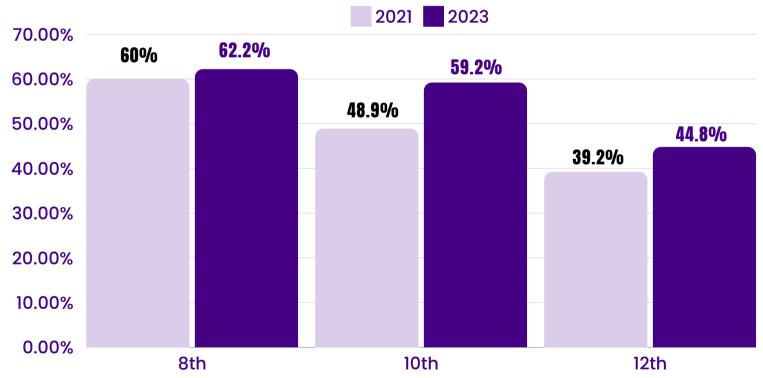
Youth By Grade Who Report it is Very Easy or Fairly Easy to Get Marijuana



What the numbers and other information told us: There has been a decrease in the number of 10th and 12th grade students reporting that it is very easy or fairly easy to get marijuana, while an increase was observed for 8th grade students.

DRUG USE

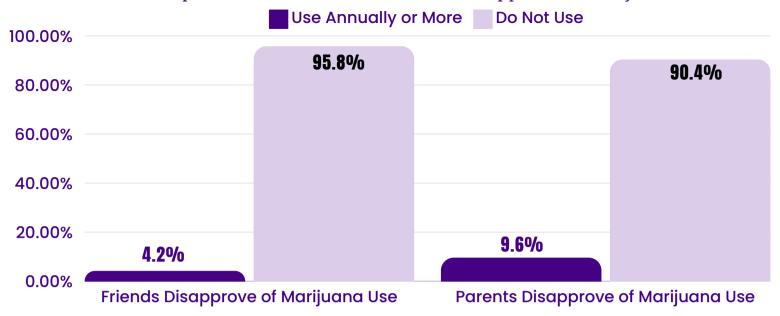
Youth By Grade Who Report there is Moderate Risk or Great Risk to Use Marijuana



What the numbers and other information told us: As grade levels increase, there is a decrease in the percentage of students who view marijuana as posing a moderate or great risk of harm.

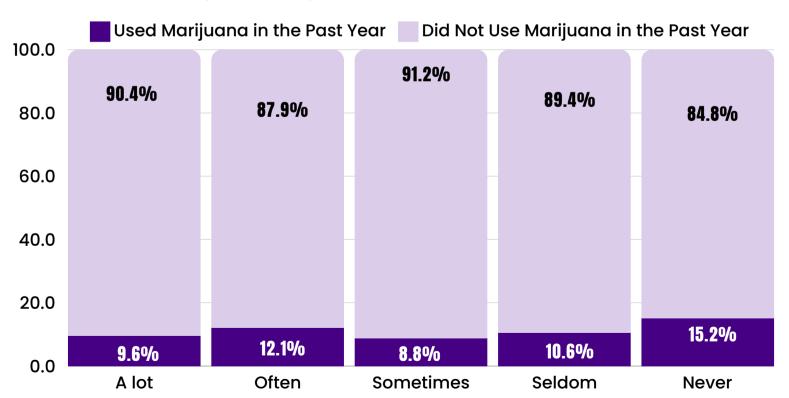
DRUG USE

Youth Who Report if Their Friends or Parents Disapprove of Marijuana Use



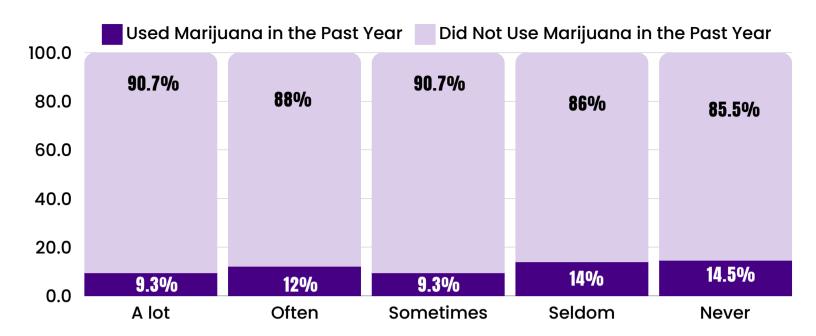
What the numbers and other information told us: Of youth whose friends disapprove of marijuana use, only 4.2% used the drug in the past year. Similarly, of youth whose parents disapprove of marijuana use, only 9.6% used the drug in the past year.

DRUG USEMarijuana Use by Youth Who Are Involved in Sports



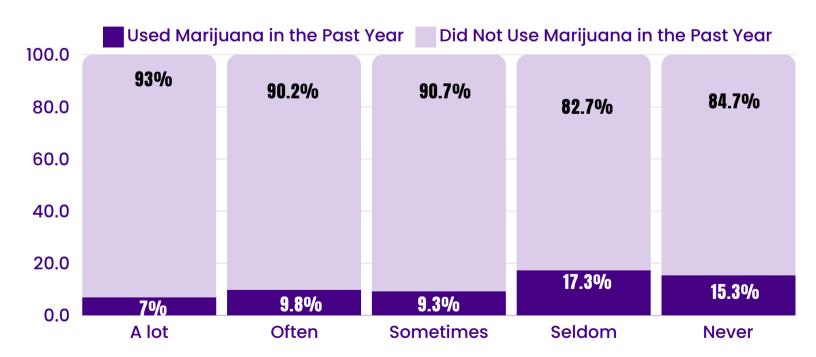
What the numbers and other information told us: There does not appear to be any noteworthy differences in annual marijuana use based on level of involvement with sports.

DRUG USEMarijuana Use by Youth Who Are Involved in School Activities



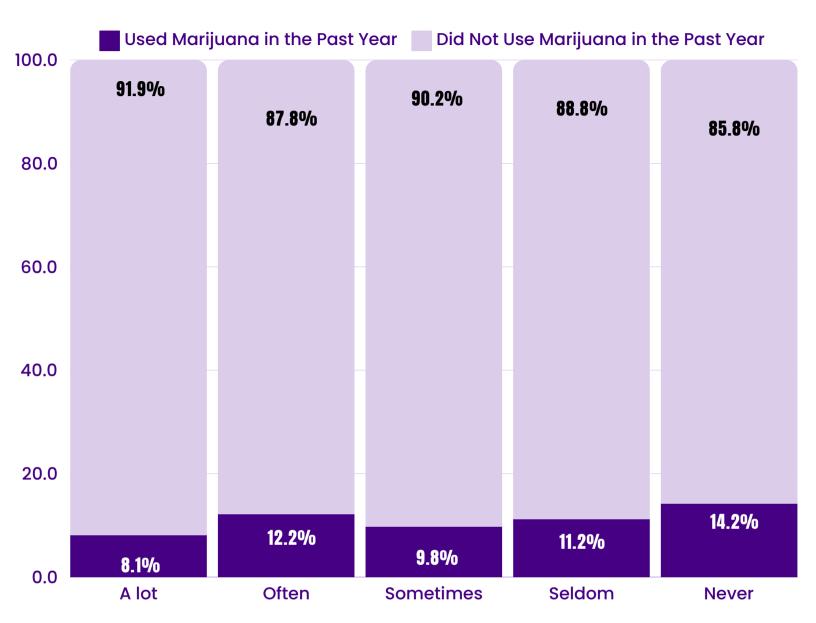
What the numbers and other information told us: Youth that a lot, seldom, sometimes, and often involve themselves in school activities reported slightly less marijuana use than youth that never participate in school activities.

DRUG USEMarijuana Use by Youth Who Are Involved in Church Activites



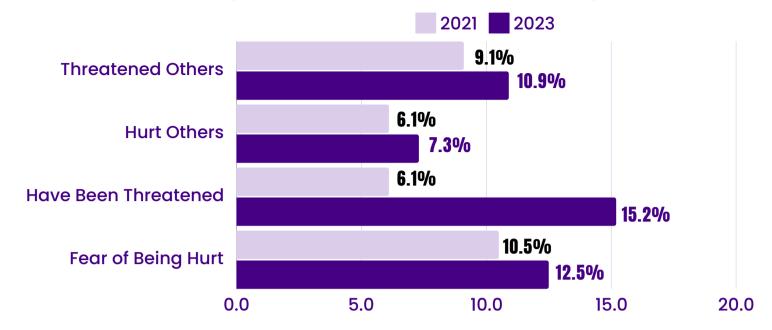
What the numbers and other information told us: In 2023, teens who were involved in church activities sometimes, often, and a lot reported less marijuana use than did teens who were never involved in church activities.

DRUG USEMarijuana Use by Youth Involved in Community Activites



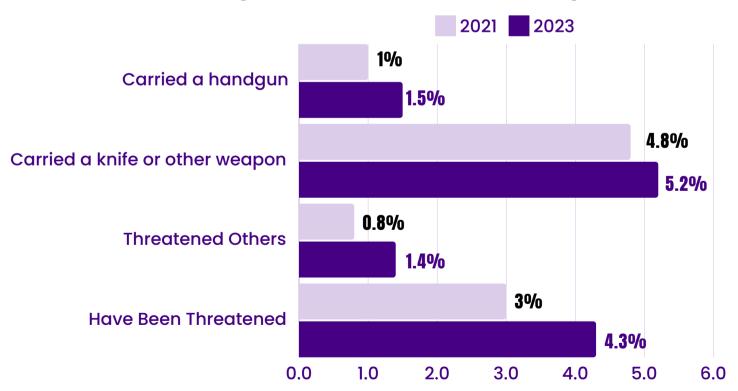
What the numbers and other information told us: Youth who suggested that they were never involved in community activities had the highest percentage of marijuana use in 2023, while those who participated in activities "a lot" used marijuana the least.

VIOLENCEYouth Who Reported Violence at School Without a Weapon



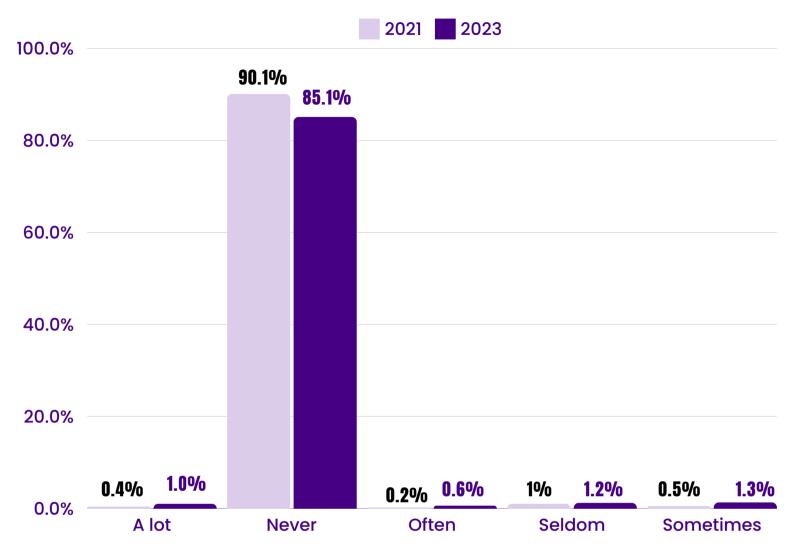
What the numbers and other information told us: There was a slight increase in all aspects of school violence in 2023.

VIOLENCEYouth Who Reported Violence at School With a Weapon



What the numbers and other information told us: There was an increase in reported violence with a weapon in 2023, including being hurt, threatened, or threatening others.

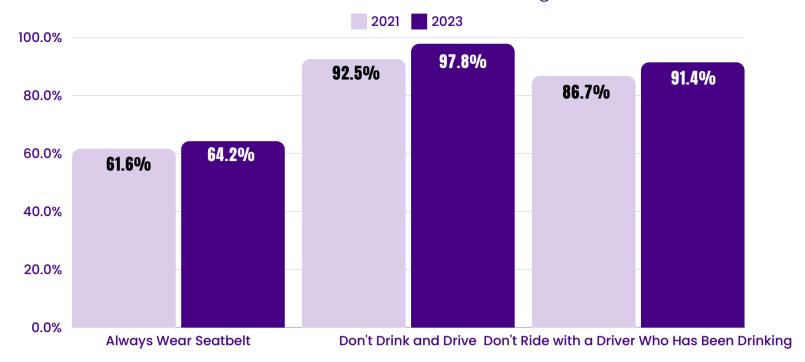
VIOLENCEYouth Participation in Gang Activity



What the numbers and other information told us: The vast majority of teens still do not report participate in gang activity. The numbers of youth reporting that they participate in gang activity seldom, sometimes, often, or a lot have increased slightly since 2021.

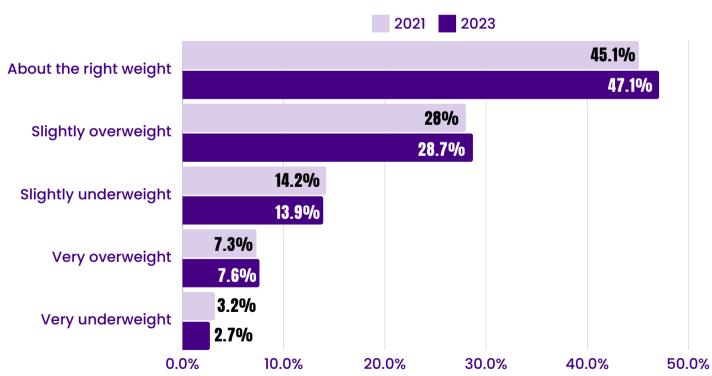
SAFETY

Youth Who Always Wear Seatbelts, Never Drink and Drive, and Don't Ride with Someone Who Has Been Drinking



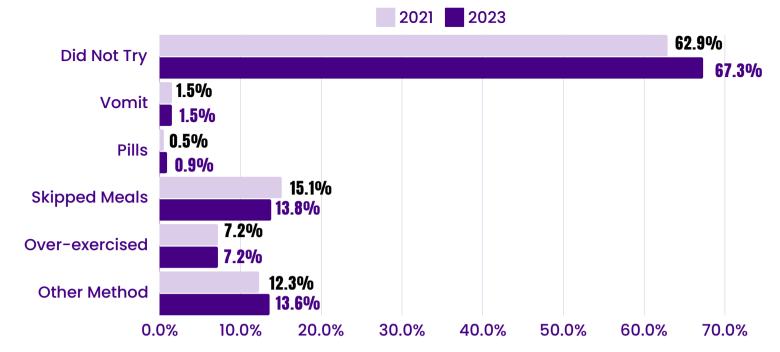
What the numbers and other information told us: The majority of youth reported that they always wear their seatbelts, don't drink and drive, and don't ride with a driver who has been drinking in 2023.





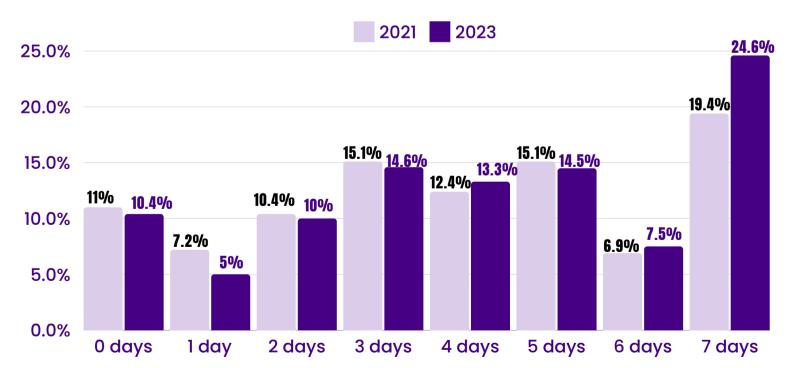
What the numbers and other information told us: Response percentages were nearly identical between 2021 and 2023 in regard to self-reported weight, albeit a moderate increase for those who believed they were "about the right size."

HEALTHWeight Loss Methods



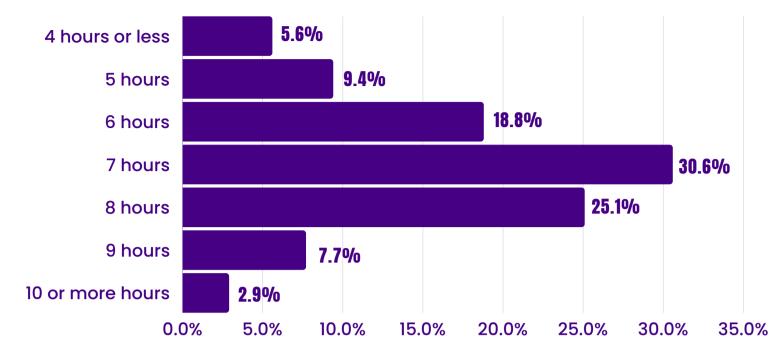
What the numbers and other information told us: In 2023, more youth reported that they did not try to lose weight. For those who did try, less youth responded that they skipped meals while more used another method to attempt weight loss.

HEALTHNumber of Days Youth Exercised for 60 Minutes in the Last Week



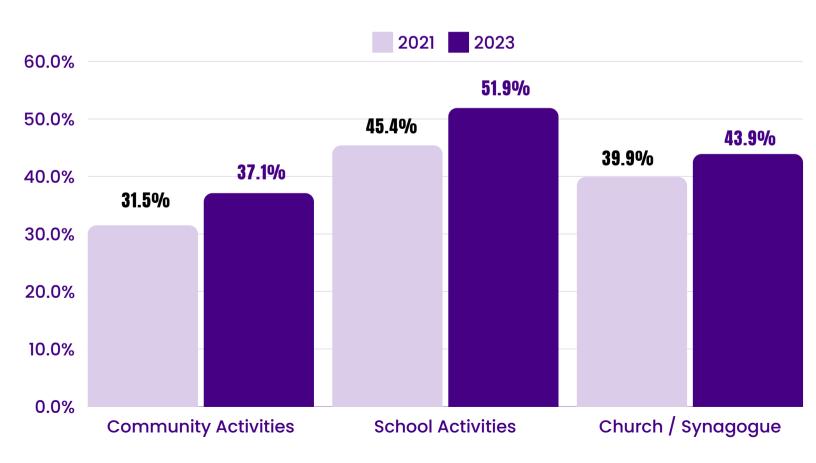
What the numbers and other information told us: In general, the number of days youth reported exercising in the last week for at least 60 minutes decreased ever slightly in 2023, except for 4, 6, and 7 days a week.

HEALTHNumber of Hours of Sleep on Average School Night



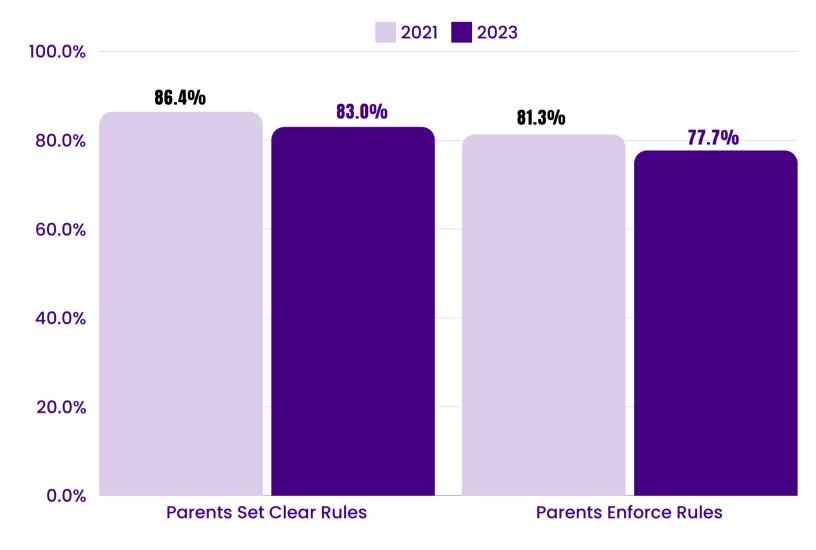
What the numbers and other information told us: More than 60% of youth report getting at least 7 hours of sleep on an average school night.

HEALTHYouth Who Participate in Activities Sometimes, Often, or A lot



SAFETY AND HEALTH

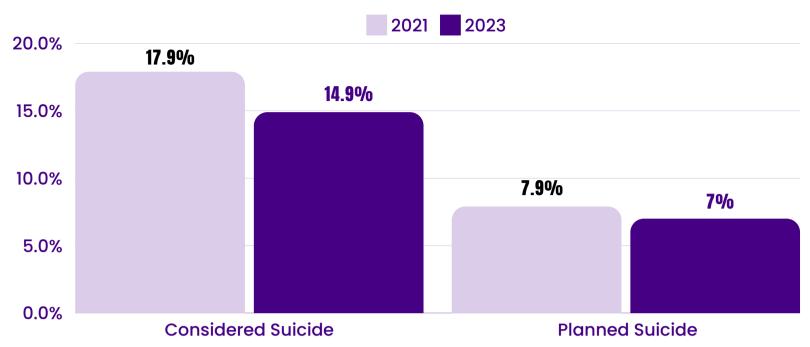
Youth Whose Parents Set and Enforce Rules



What the numbers and other information told us: The percentage of youth who indicated that their parents/guardians actually set and enforced rules (e.g., seldom, sometimes, often or a lot) did not change substantially in 2023.

SUICIDAL BEHAVIOR

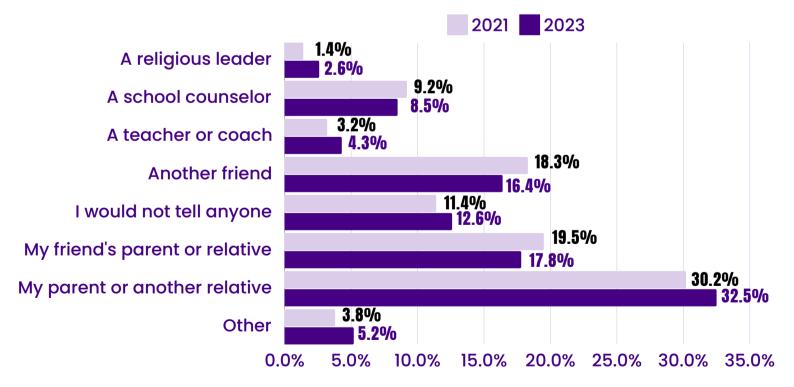
Youth Who Have Considered and / or Planned on Attempting Suicide



What the numbers and other information told us: The reported rates of youth who have considered and/or planned on attempting suicide remained similar between the years, with decreases to both considered and planned suicide in 2023.

SUICIDAL BEHAVIOR

Who Youth Would Tell When Worried About A Friend Seriously Thinking of Suicide



What the numbers and other information told us: The person/people that youth reported as being who they would speak to when worried about a friend considering suicide remained relatively consistent across all response options between 2021 and 2023.

Supporting Data Parental Information 2023

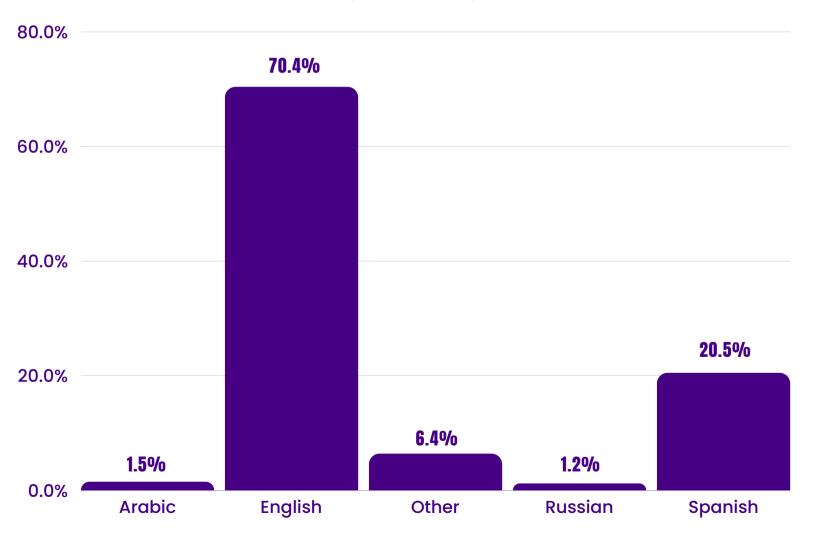
Education Level of Parents

Reported by Youth

Some High	High School	Some College	College
School	Graduate		Graduate
15.9%	31.5%	12.8%	39.7%

LANGUAGE SPOKEN AT HOME

REPORTED BY YOUTH



Appendix: 2023 Harrisonburg-Rockingham Youth Survey

You can find the survey administered to students in 2023 online (https://www.jmu.edu/iihhs/youthdata.shtml) or by contacting Jennifer Rea at reajl@jmu.edu or (540) 568-2559.

HARRISONBURG-ROCKINGHAM YOUTH SURVEY 2023 TOPICAL FACT SHEET

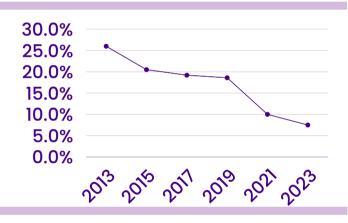


ALCOHOL

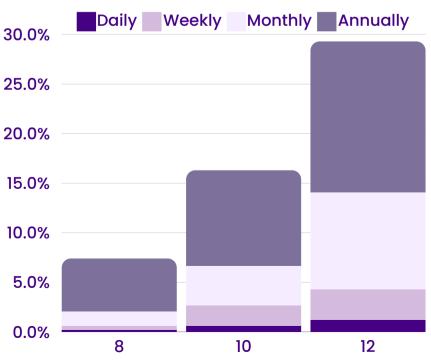


81.1% OF YOUTH
IN 2023
REPORTED NEVER
USING
ALCOHOL IN THE
PAST YEAR.

THE PERCENTAGE OF YOUTH WHO REPORT USING ALCOHOL AT LEAST MONTHLY HAS DECREASED OVER THE PAST SIX SURVEY ADMINISTRATIONS, FROM 26% IN 2013 TO 7.5% IN 2023.

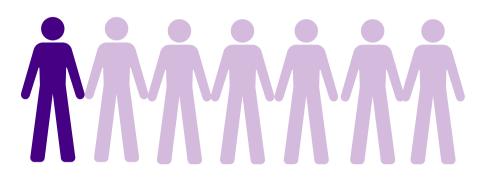


REPORTED ALCOHOL USE INCREASED WITH GRADE LEVEL, WITH 12TH GRADERS REPORTING MORE FREQUENT USE THAN 8TH AND 10TH GRADERS. ACROSS ALL STUDENTS WHO DRINK, MOST REPORTED DRINKING ANNUALLY.



HARRISONBURG-ROCKINGHAM YOUTH SURVEY 2023 TOPICAL FACT SHEET





APPROXIMATELY 1 IN 7 YOUTH (14.9%) IN 2023 REPORTED THEY HAD THOUGHT ABOUT ATTEMPTING SUICIDE.



ABOUT HALF OF YOUTH IN 2023 (50.3%) SAID IF THEY HAD A FRIEND WHO WAS CONSIDERING SUICIDE, THEY WOULD TELL THEIR PARENT OR RELATIVE, OR THEIR FRIEND'S PARENT OR RELATIVE. ANOTHER 16.4% SAID THEY WOULD TELL A FRIEND.

YOUTH WERE ASKED IN 2023 ABOUT INTENTIONALLY HURTING THEMSELVES (CUTTING, BURNING, ETC.), AND 80% OF SAID THEY HAD NEVER HURT THEMSELVES IN THE PAST 6 MONTHS.









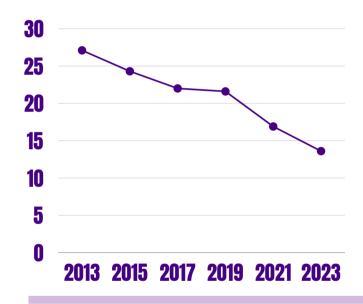


HARRISONBURG-ROCKINGHAM YOUTH SURVEY 2023 TOPICAL FACT SHEET





1.4% OF YOUTH IN 2023 REPORTED USING PRESCRIPTION DRUGS IN THE PAST YEAR TO GET HIGH, DOWN FROM 2% IN 2021.

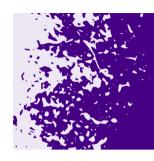


THE PERCENTAGE OF YOUTH WHO REPORT USING ILLICIT DRUGS AT LEAST ONCE A YEAR HAS DECREASED ACROSS SURVEY ADMINISTRATIONS, FROM 27% IN 2013 TO 14% IN 2023.

THE MOST FREQUENT DRUG YOUTH
REPORTED USING IN THE PAST YEAR
WAS MARIJUANA, WITH 12.4% OF
YOUTH REPORTING USING
MARIJUANA IN THE PAST YEAR.



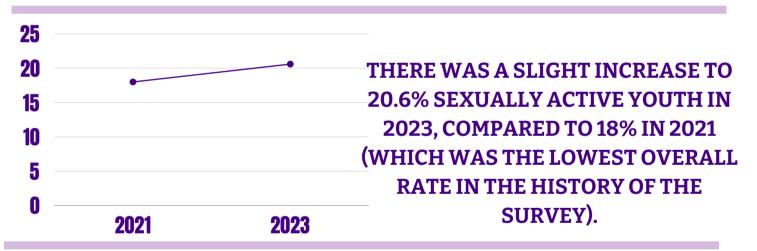
HARRISONBURG-ROCKINGHAM YOUTH SURVEY 2023 TOPICAL FACT SHEET



SEXUAL HEALTH

71.1% OF SEXUALLY ACTIVE
YOUTH IN 2023
REPORTED USING AN EFFECTIVE
METHOD OF BIRTH
CONTROL (CONDOMS OR
HORMONAL) AS THEIR
USUAL METHOD.

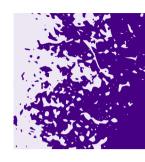




IN 2023, 9.5% OF SEXUALLY ACTIVE YOUTH REPORTED USING DRUGS AND/OR ALCOHOL THE LAST TIME THEY HAD SEX.



HARRISONBURG-ROCKINGHAM YOUTH SURVEY 2023 TOPICAL FACT SHEET



HEALTH & SAFETY



28% OF YOUTH REPORT
THEY HAVE
BEEN BULLIED. 14% OF
YOUTH REPORT
BEING BULLIED
ELECTRONICALLY.

THE NUMBER OF YOUTH WHO HAVE BEEN THREATENED OR HURT ON SCHOOL PROPERTY DECREASED IN 2023, WITH 15.2% OF STUDENTS REPORTING HAVING BEEN HURT OR THREATENED BY OTHERS (DOWN FROM 19% IN 2021).



THE NUMBER OF YOUTH
REPORTING THEY FEEL THEIR
WEIGHT IS "ABOUT RIGHT"
INCREASED IN 2023, WITH 47.1% OF
YOUTH DESCRIBING THEMSELVES
THIS WAY.

