

Orientation 2024



College of Health and
Behavioral Studies

COMMUNICATION SCIENCES & DISORDERS * HEALTH PROFESSIONS * HEALTH SCIENCES
KINESIOLOGY * NURSING * **PSYCHOLOGY** * GRADUATE PSYCHOLOGY * **SOCIAL WORK**



JAMES MADISON UNIVERSITY®



Welcome & Introductions

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The BSW Program prepares generalist Social Workers committed to strengthening community life [...] and promoting social justice through advocacy and action.

BEING THE
CHANGE.

What is Social Work?

- Social Work focuses on the person-in-environment and advocacy to enhance social, economic and environmental justice.

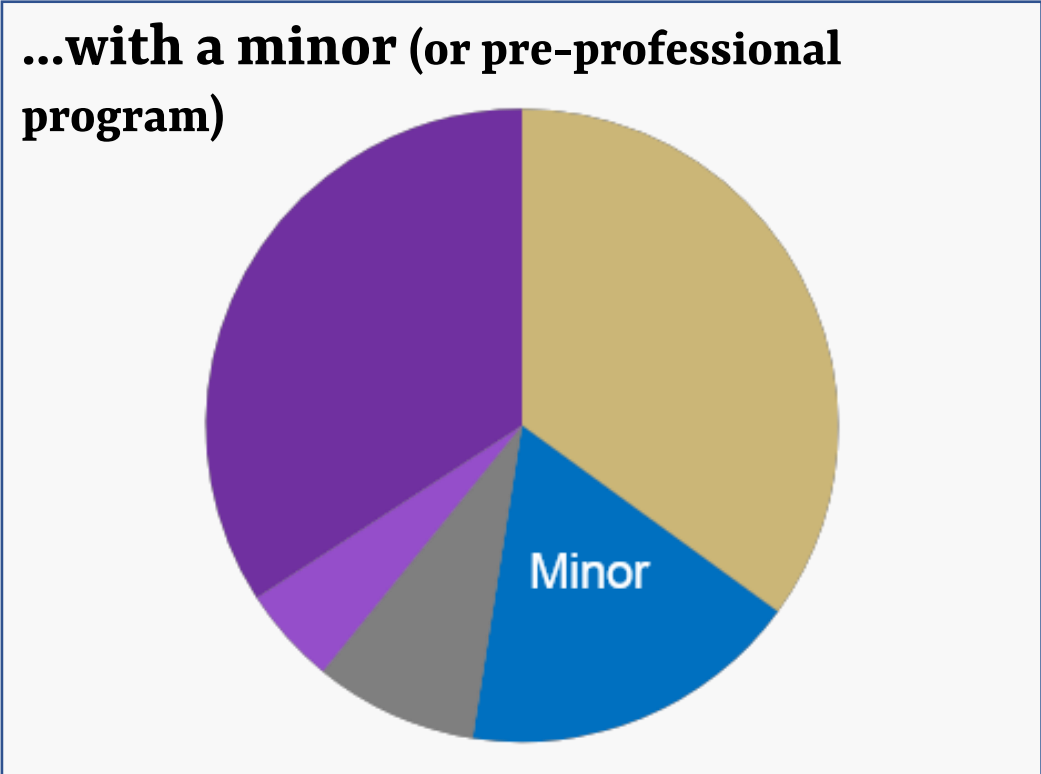
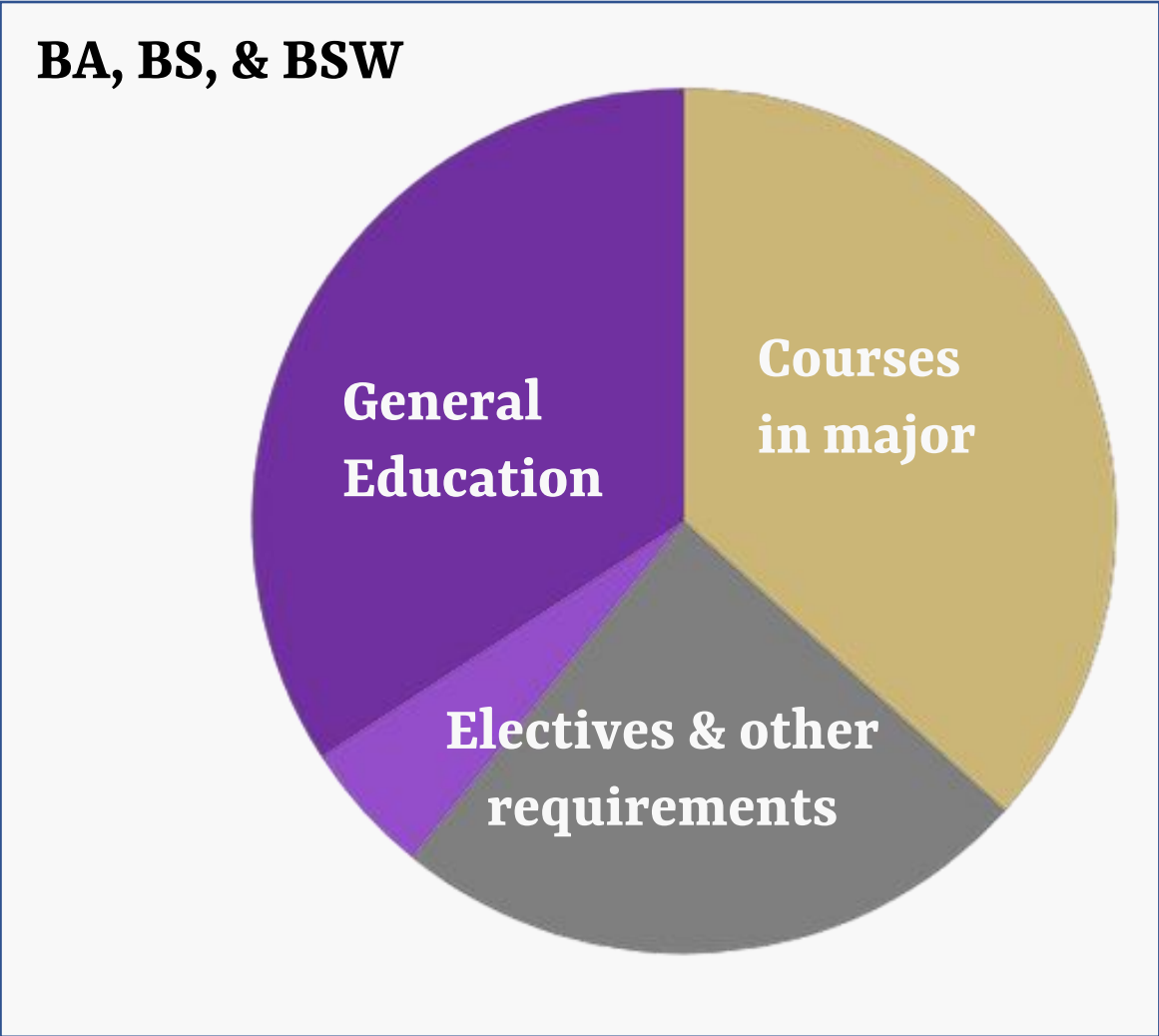
What is Psychology?

- Psychology is the science of behavior, thought, and emotion.

The Department of Psychology educates students in, and contributes to, the science of psychology.

Essential Transition Information

Degree Requirements



Breakdown of 120 credits to graduate

Curriculum

*Full admission
to the major*

Psychology	Social Work
<ul style="list-style-type: none">• Introductory core	<ul style="list-style-type: none">• Foundation knowledge
<ul style="list-style-type: none">• Methodology core	<ul style="list-style-type: none">• Research and theory• Generalist practice skills
<ul style="list-style-type: none">• Content core	<ul style="list-style-type: none">• Upper-level practice
<ul style="list-style-type: none">• Upper-level specialty• Capstone	<ul style="list-style-type: none">• Field practicum (Capstone)

Who can I reach out to? Who might I hear from?

- Your academic advisor
- Us! (as department heads)
- Faculty members (*what to call them?*)
- Staff members & student office workers

- Academic (and holistic) support at the student success center
 - Writing center; counseling center; disability services; health center

Some secrets to success at JMU

Cultivate the higher ed academic mindset

- Plan when to study (multiply contact time by 2)
- Identify each professor's specific expectations
- Reflect midway through (*midterm grades in October*)
- Strategize about managing email
- Think ahead – ex: study abroad; career planning

Find belonging by getting involved on campus

- Get to know faculty... and staff too
- Engage both inside AND outside of class
(*see next slide for College opportunities*)



Engagement and Unique Involvement Opportunities

Experiential learning ... and *how* to get involved

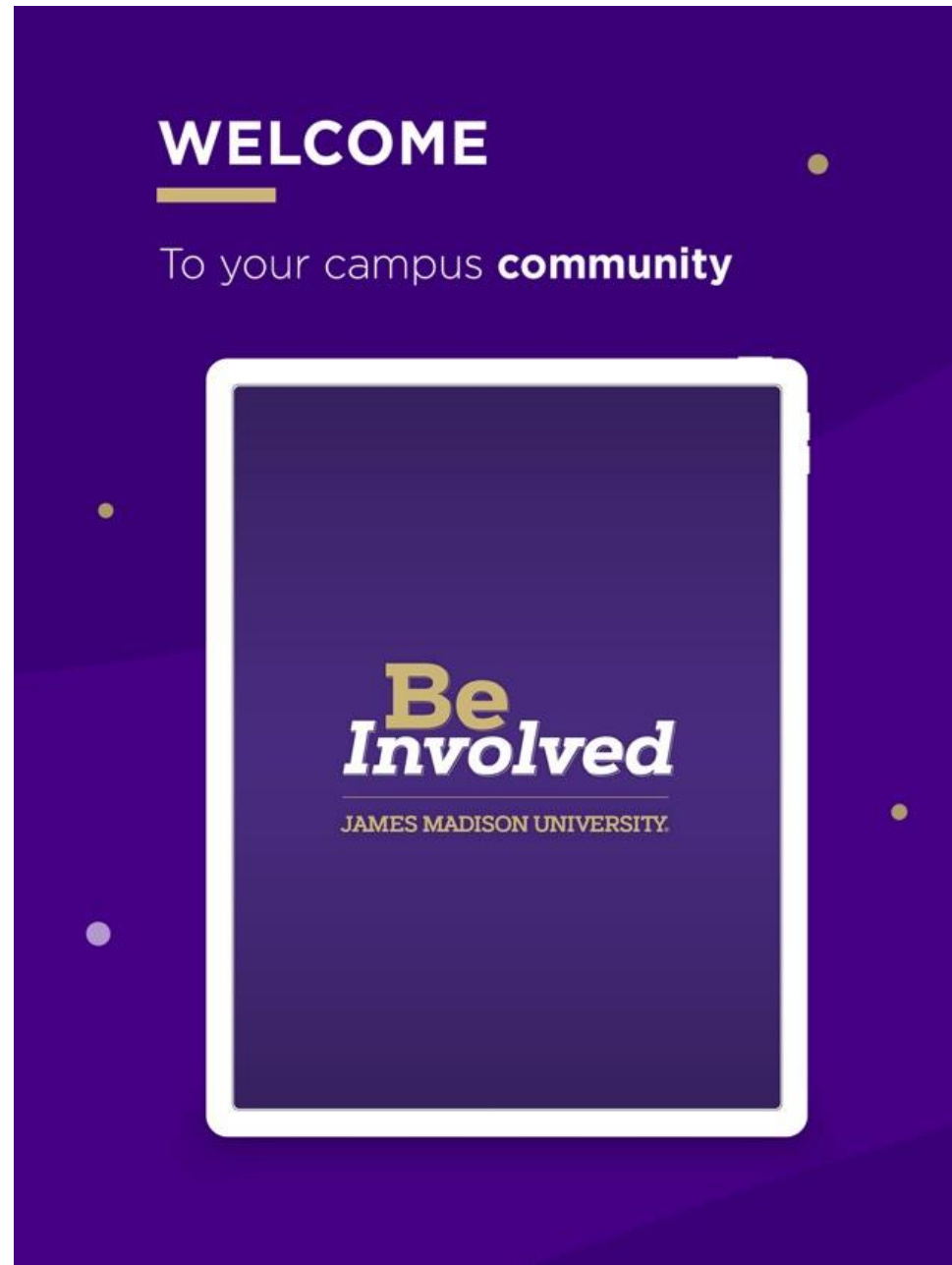


BEING THE
CHANGE.



How?

...This all goes double for transfer students!



BEING THE
CHANGE.

Community Building

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Instructions

Partner with the incoming student next to you to answer these questions:

- 1) Would you like to be famous? In what way?
- 2) What would constitute the "perfect day" for you?
- 3) If a crystal ball could tell you the truth about yourself, your life, the future, or anything else, what would you want to know?
- 4) Alternate sharing something you consider a positive characteristic of your partner.
(Share a total of 3 items each.)

Debrief

What's next?

- **Forge more connections on campus today!**
- **Ensure you are successfully enrolled**
- **Explore our websites and reach out to us - we're here for you!**
 - **Department of Psychology: ugpsyc@jmu.edu / <http://psyc.jmu.edu/ug>**
 - **Department of Social Work: (540) 568-6980 / <http://jmu.edu/socwork>**