

Timeline Activity

Draw a line on a blank sheet of paper to represent your timeline.

- Using words, symbols or drawings, record your journey
- Note significant life events that have influenced you
- Identify people who were influential
- Identify work or service experiences that shaped you

Share timelines afterward and discuss:

- What stood out on each of your timelines?
- Who were the individuals/events that shaped who you are?
- Why is it important to think about your own journey?
- How does your timeline motivate you to make a positive impact?
- Did you notice any themes?
- What was both similar and different in the timelines?
- Etc.